

Penerapan Terapi Kelompok Terapeutik dalam Menstimulasi Perkembangan Anak Usia Toddler Pendekatan Model Stres Adaptasi Stuart dan Teori Modeling Role Modeling = The Implementation of Therapeutic Group Therapy to the Stimulation of Toddlerhood's Task Development Stuart Stress Adaptation Model and Modeling Role Modeling Therapy

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Abstrak

[Upaya promosi kesehatan jiwa sejak masa anak-anak penting untuk meningkatkan kualitas sumber daya manusia Indonesia. Karya ilmiah akhir ini bertujuan menggambarkan hasil penerapan terapi kelompok terapeutik anak toddler dengan memberdayakan ibu dan kader kesehatan jiwa. Metode yang digunakan adalah penerapan terapi kelompok terapeutik dalam program Community Mental Health Nursing. Terapi kelompok terapeutik dapat meningkatkan pencapaian tugas perkembangan kemandirian anak, kemampuan ibu dalam menstimulasi perkembangan anak toddler secara holistik (motorik, kognitif, bahasa, emosikepribadian, moral-spiritual, psikososial), dan kemampuan kader kesehatan jiwa membantu keluarga untuk memfasilitasi perkembangan kemandirian anak toddler. Perawat Jiwa di Puskesmas dapat menerapkan terapi kelompok terapeutik dengan memberdayakan ibu, keluarga, dan kader kesehatan jiwa.

.....Mental health promotion in toddlerhood has important role to improve of Indonesian human resource quality. This scientific report describes implementation of toddler's group therapeutic therapy by empowering mother and mental health cadre. The method used is toddler's group therapeutic therapy in community mental health nursing program. The result showed the therapy could promote the achievement of autonomy in toddlerhood, the mothers' ability in stimulating the holistic development of the toddlers (motoric, cognitive, language, emotion, personality, morale – spiritual, and psychosocial), and mental health cadre's ability to help toddler's family for otonomy development achievement. Mental health nurses in primary health care can implement the group therapeutic therapy by mother and mental health cadre empowerment.;Mental health promotion in toddlerhood has important role to improve of Indonesian human resource quality. This scientific report describes implementation of toddler's group therapeutic therapy by empowering mother and mental health cadre. The method used is toddler's group therapeutic therapy in community mental health nursing program. The result showed the therapy could promote the achievement of autonomy in toddlerhood, the mothers' ability in stimulating the holistic development of the toddlers (motoric, cognitive, language, emotion, personality, morale – spiritual, and psychosocial), and mental health

cadre's ability to help toddler's family for otonomy development achievement. Mental health nurses in primary health care can implement the group therapeutic therapy by mother and mental health cadre empowerment., Mental health promotion in toddlerhood has important role to improve of Indonesian human resource quality. This scientific report describes implementation of toddler's group therapeutic therapy by empowering mother and mental health cadre. The method used is toddler's group therapeutic therapy in community mental health nursing program. The result showed the therapy could promote the achievement of autonomy in toddlerhood, the mothers' ability in stimulating the holistic development of the toddlers (motoric, cognitive, language, emotion, personality, morale – spiritual, and psychosocial), and mental health cadre's ability to help toddler's family for otonomy development achievement. Mental health nurses in primary health care can implement the group therapeutic therapy by mother and mental health cadre empowerment.]