

Manajemen Asuhan Keperawatan Spesialis Jiwa pada Pasien Harga Diri Rendah Menggunakan Teori Stuart Stress Adaptation Model dan Teori of Human Caring oleh Jean Watson di Ruang Antareja Rumah Sakit H Marzoeki Mahdi Bogor = Nursing Management Specialist Mental to Patient with Low Self Esteem Using Stuart Stress Adaptation Model Theory and The Theory Of Human Caring by Jean Watson in Antareja Ward Dr H Marzoeki Mahdi Hospital

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Abstrak

[Kasus gangguan jiwa berat di dunia terutama pasien skizofrenia terjadi peningkatan khususnya di negaranegara berkembang. Sebagian besar klien yang dirawat di Ruang Antareja Rumah Sakit Marzoeki adalah Klien harga diri rendah . Tujuan Karya Ilmiah Akhir ini adalah menggambarkan hasil manajemen kasus spesialis terhadap klien harga diri rendah. Tindakan keperawatan dilakukan pada 20 orang pasien meliputi terapi individu harga diri rendah, terapi kognitif, terapi perilaku kognitif, terapi psikoedukasi keluarga pada pasien dengan harga diri rendah. Hasil menunjukkan bahwa kombinasi terapi individu, terapi kognitif, terapi perilaku kognitif, dan terapi psikoedukasi keluarga efektif dalam menurunkan tanda dan gejala pasien harga diri rendah dan peningkatan kemampuan pasien dan keluarga dengan pendekatan teori stress adaptation model oleh Stuart dan teori of Human Caring oleh Watson. Rekomendasi hasil karya ilmiah ini adalah terapi kognitif, terapi perilaku kognitif dan terapi psikoedukasi keluarga dapat dilakukan pada pasien harga diri rendah di seluruh tatanan pelayanan kesehatan jiwa.; Cases of severe mental disorder in the world, especially patients with skizofrenia increased, especially in developing countries. Most of the clients were treated in Antareja Ward Dr. H. Marzoeki Mahdi Bogor is low self esteem. The purpose of this work is to describe final scientific result of the patients case management specialist of low self esteem. Nursing Intervention performed on 20 patients include low self esteem individual therapy, cognitive therapy, cognitive behavioral therapy, family psychoeducation therapy in patient with low self esteem. The result showed that the combination of individual therapy, cognitive therapy, cognitive behavioral therapy, family psychoeducation therapy effective in reducing the signs and symptoms of low self esteem patients and increased patient and family's ability to approach theoretical models of stress adaptation by Stuart and theory of Human Caring by Watson. Recommendations of this scientific work is cognitive therapy, cognitive behavioral therapy and family psychoeducation therapy can be performed in patients with low self esteem throughout the structure of mental health services., Cases of severe mental disorder in the world, especially patients with skizofrenia increased, especially in developing countries. Most of the clients were treated in Antareja Ward Dr. H. Marzoeki Mahdi Bogor is low self esteem. The purpose of this work is to describe final scientific result of the patients case management specialist of low self esteem. Nursing Intervention performed on 20 patients include low self esteem individual therapy, cognitive

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