

Manajemen kasus spesialis keperawatan jiwa pada pasien risiko perilaku kekerasan dengan pendekatan model stres adaptasi Stuart dan model adaptasi Roy di Ruang Utari Rumah Sakit Dr. H. Marzoeeki Mahdi Bogor = Psychiatric nursing case management specialist at patient violence risk behavior using stress adaptation model Stuart Approaches and Roy Adaptation Models at Utari Ward Dr. H. Marzoeeki Mahdi Hospital, Bogor.

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Abstrak

Prevalensi gangguan jiwa berat Skizofrenia di Indonesia setiap tahun mengalami peningkatan yang cukup signifikan. Berdasarkan hasil Riset Kesehatan Dasar tahun 2013 prevalensi Skizofrenia di Indonesia sebesar 1,7%. Resiko perilaku kekerasan adalah salah satu gejala positif dari Skizofrenia.

Tujuan penulisan karya ilmiah akhir ini adalah memperoleh gambaran manajemen kasus spesialis keperawatan jiwa terhadap pasien risiko perilaku kekerasan dengan pendekatan stres adaptasi Stuart dan model adaptasi Roy. Intervensi keperawatan yang dilakukan adalah assertiveness training dan acceptance and commitment therapy pada 32 Pasien dalam kurun waktu 17 Februari - 18 April 2014 di Ruang Utari RSMM Bogor.

Hasil pelaksanaan manajemen kasus spesialis dapat menurunkan tanda dan gejala perilaku kekerasan pada aspek kognitif, afektif, fisiologis, perilaku dan sosial serta peningkatan kemampuan coping adaptif pasien. Rekomendasi penulisan ini adalah bahwa penerapan stres adaptasi Stuart dan model adaptasi Roy dengan intervensi keperawatan assertiveness training dan acceptance and commitment therapy dapat menurunkan perilaku kekerasan.

.....Prevalence of the serious mental disorder Schizophrenia in Indonesia each year has increased significantly. Riskesdas result in 2013 the prevalence of Schizophrenia in Indonesia is 1,7%. Violence risk behavior is one of the positive symptoms of Schizophrenia.

The objective of this paper was to describe the application a psychiatric nursing specialist case management for Patients with a risk of violence behavior by using the stress adaptation Stuart and Roy's adaptation model. Nursing interventions was assertiveness training, acceptance and commitment therapy to the 32 Patients during 17 Februari - 18 April 2014 at Utari Ward RSMM Bogor.

The result of using the application a psychiatric nursing specialist has proven it can reduce symptoms of violence behavior in cognitive, affective, physiological, behavioral and social as well as improving adaptive coping Patients.

Recommendation from this report is by applying stress adaptation models of Stuart's and Roy's adaptation models with nursing intervention, assertiveness training acceptance and commitment therapy, it can reduce violence risk behavior.