

Manajemen kasus spesialis keperawatan jiwa pada klien risiko perilaku kekerasan menggunakan pendekatan model teori adaptasi roy di Ruang Gatotkaca Rumah Sakit dr. H. Marzoeqi Mahdi, Bogor = Psychiatric Nursing Specialist Case Management with Aggressive Behavior Using Roy Adaptation Model Approach at Gatotkaca Dr. H. Marzoeqi Mahdi Hospital, Bogor

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Abstrak

Perilaku kekerasan merupakan salah satu respon atau tindakan terhadap stimulus stresor, ditunjukkan dengan perilaku aktual melakukan kekerasan, baik pada diri sendiri, orang lain maupun lingkungan, secara verbal maupun nonverbal (Stuart, 2009). Klien dengan perilaku kekerasan merupakan tanda ketidakmampuan klien dalam beradaptasi terhadap emosi marah sehingga mengekspresikan tidak secara konstruktif. Tujuan penulisan karya ilmiah akhir ini adalah menggambarkan penatalaksanaan asuhan keperawatan dengan pendekatan Model Teori Adaptasi Roy pada klien risiko perilaku kekerasan. Intervensi keperawatan yang dilakukan adalah assertive training dan cognitive behaviour therapy pada 15 orang klien dalam kurun waktu 9 September – 12 Nopember 2013 di Ruang Gatot Kaca RSMM Bogor.

Hasil pelaksanaan assertive training dan cognitive behaviour therapy dapat menurunkan tanda dan gejala perilaku kekerasan pada aspek kognitif, afektif, fisiologis, perilaku dan sosial dan peningkatan kemampuan koping adaptif dalam menghadapi peristiwa yang menimbulkan perilaku kekerasan. Rekomendasi penulisan ini adalah bahwa penerapan Model Teori Adaptasi Roy dengan intervensi keperawatan assertive training dan cognitive behaviour therapy dapat dilakukan untuk menurunkan perilaku kekerasan

.....People would respond to threatning situation/stressor in various ways. Violence was the actual aggressive behaviour directly toward to them selves, other people or external environment, with physical or verbal violence (Stuart, 2009). People with tendency to act aggressively shown that they used destructive coping strategies to express their anger. The objective of this paper was to describe the application of Johnson's Behavioural System Model, focusing on aggressive behavior. Assertive training and cognitive behaviour therapy were recognized as nursing intervention that provided to 15 clients during 9 September – 12 Nopember 2013 at Gatotkaca Dr. H.Marzoeqi Mahdi Hospital-Bogor.

Result of this study shown that sign and symptoms of aggressive behaviour were decreased (cognitive, affective, psychic, behavior and social) and increased of client's ability to express their emotion in contructive way. This study proved that the application of Roy Adaptation Model Approach with assertive training and cognitive behaviour therapy as nursing intervention were recommended to derecrease aggressive behaviour.