

Penerapan model konservasi levine dalam asuhan keperawatan bayi dengan gangguan rasa nyaman nyeri di RSUPN dr. Cipto Mangunkusumo, Jakarta = Application of Levine Conservation Model in Care of Infant with Altered Comfort: Pain in Perinatology Ward RSUPN dr. Cipto Mangunkusumo Jakarta.

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Abstrak

Penulisan karya ilmiah akhir ini bertujuan untuk menggambarkan penerapan teori Model Konservasi pada bayi dengan gangguan rasa nyaman nyeri. Nyeri pada bayi perlu mendapat perhatian penting dari perawat karena dapat mempengaruhi pertumbuhan dan perkembangan di masa yang akan datang. Penatalaksanaan nyeri dilakukan secara farmakologis dan non farmakologis. Penatalaksanaan nyeri non farmakologis dapat dilakukan dengan cara pengaturan posisi, facilitated tucking, pacifier dan sensasi multisensory. Penatalaksanaan nyeri perlu dilakukan oleh seorang perawat yang kompeten, yang dilakukan melalui berbagai peran, yaitu sebagai pemberi asuhan, advokat, pendidik, penelitian dan pemimpin.

.....This paper aims to describe the application on Levine Conservation Model in the care of infant experiencing altered comfort: pain. Pain should become a nursing concern since it will have impacts on baby's growth and development in the future. Pain can be managed by pharmacological and non-pharmacological approaches.

Non-pharmacological management can be provided by positioning the baby, facilitated tucking position, pacifier and multisensory sensations. Nonpharmacological management can be provided by positioning the baby, facilitating tucking, providing non-nutritive sucking, and Nurses implement pain management throughout their roles as care giver, advocator, educator, researcher, and leader.

Key word : Conservation theory, pain, non pharm