

Empowerment and participation in youth work

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Abstrak

In today's society, many young people feel marginalised and unable to find their own voice. It is vital therefore that youth workers are able to work with them to tackle this in a meaningful way. Drawing on the real experiences and difficulties faced by youth workers, this book will help those who want to work with young people in an empowering way. The concepts of empowerment and participation are explained, explored and critically analysed, along with the key notion of resilience. This is backed up by activities and case studies which help to bring together the theory and the practice.

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