

Interpersonal relationships

Jackson-Dwyer, Diana, 1949-, author

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Abstrak

Publisher Synopsis

This text is an engaging mixture of academic rigour and real human warmth. It introduces students to both classic and contemporary theories, for example the impact of social media on relationships, and the growing field of Positive Psychology, whilst giving instructors a framework within which to develop a sound appreciation of research methods in their students. The "Discuss and Debate" boxes are a great way to enable students to contextualise the material covered in their own lives, and so deepen their understanding for this most human of topics! - Lesley McHenry, Curriculum Manager for Psychology, Bilborough College, Nottingham