

## Handbook of the psychology of religion and spirituality

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### Abstrak

Paloutzian (experimental and social psychology, Westmont College) and Park (psychology, U. of Connecticut) provide a 33-chapter handbook on the psychology of religion and spirituality, for social and clinical psychologists, pastoral counselors, and students and researchers in psychology and religious studies. Psychologists and a few religious studies specialists from the US and some countries in Europe address the foundations, including definitions, core issues, measurement assessment, research methods, psychodynamic psychology and religion, and evolutionary psychology as a foundation for the psychology of religion; religious and spiritual development across the lifespan; and the neural and cognitive bases of religion and connections to emotion, personality, culture, and social behavior. They discuss religious practices and rituals, conversion experiences, prayer, spiritual struggles, fundamentalism, forgiveness, values, and morality, and implications for individual and collective well-being in terms of health, mental health, coping, psychotherapy, workplace spirituality research, terrorism, and other areas. New topics in this edition include cross-cultural issues, spiritual goals, emotional values, and mindfulness. Most chapters have been redesigned or rewritten, with 25 new and eight revised chapters. The main themes of the book are more integrated, and the introductory and concluding chapters argue that the application of religious meaning systems and the multilevel interdisciplinary paradigm can allow reconceptualization of the field and expand research. Annotation ©2013 Book News, Inc., Portland, OR (booknews.com)