

Happiness across cultures: views of happiness and quality of life in non-Western cultures

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20400144&lokasi=lokal>

Abstrak

This book considers happiness and quality of life in non-Western countries and cultures. Its coverage is diverse and spans the breadth of the non-Western world, revealing unique perspectives of happiness and life quality embedded in rich cultural traditions and histories.