

The psychology of quality of life: hedonic well-being, life satisfaction, and eudaimonia

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Abstrak

The book related to subjective well-being, happiness, and life satisfaction. It will have a new substantial section that focuses on reviewing much of the literature of subjective well-being within specific life domains (social life, material life, leisure life, work life, community life, spiritual life, family life, health life, sex life, travel life, etc.).