

Stress challenges and immunity in space : from mechanisms to monitoring and preventive strategies

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20401820&lokasi=lokal>

Abstrak

This book, by adopting an interdisciplinary approach to analyze the complex interaction of living conditions in space, the immune system, and astronauts' health. It is explained how such analysis of the consequences of stress for the immune system may help in preventing, diagnosing, and counteracting immune-related alterations in health on earth as well as in space.