

Evaluasi klinis kedalaman poket periodontal resesi gingiva dan kehilangan perlekatan pada vegetarian studi pada peserta Pusdiklat Buddhis maitreyawira Jakarta = Clinical evaluation of probing pocket depth gingival recession and clinical attachment level in vegetarians study in participants of Maitreyawira Buddhist Training Center Jakarta / Maria Shisze Francia

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Abstrak

ABSTRAK

Latar Belakang: Pola makan vegetarian diketahui memiliki efek positif terhadap kesehatan. Penelitian mengenai status periodontal pada vegetarian masih sedikit. Tujuan: Mengevaluasi kedalaman poket periodontal, resesi gingiva, dan kehilangan perlekatan pada vegetarian secara klinis. Metode: Penelitian potong lintang pada 30 orang vegetarian dan 30 orang non-vegetarian berusia 16-65 tahun. Pemeriksaan klinis jaringan periodontal meliputi kedalaman poket, resesi gingiva, dan kehilangan perlekatan. Hasil: Tidak terdapat perbedaan bermakna ($p > 0,05$) rerata kedalaman poket (Independent T-Test), resesi gingiva dan kehilangan perlekatan (uji Mann-Whitney) antara vegetarian dan non-vegetarian. Kesimpulan: Hasil evaluasi klinis terhadap kedalaman poket periodontal, resesi gingiva, dan kehilangan perlekatan tidak berbeda antara vegetarian dan non-vegetarian.

ABSTRACT

Background: Vegetarian diet is known to have positive effects on health. Only scarce data are available concerning the periodontal status in vegetarians. Objectives: To evaluate the periodontal pocket depth, gingival recession, and clinical attachment level in vegetarians clinically. Methods: A cross-sectional study of 30 vegetarians and 30 non-vegetarians aged 16-65 years. Clinical examination of periodontal tissues, including periodontal pocket depth, gingival recession, and clinical attachment level. Results: No significant mean differences ($p > 0,05$) on periodontal pocket depth (independent T-test), gingival recession and clinical attachment level (Mann-Whitney test) between vegetarians and non-vegetarians. Conclusions: Clinical evaluation results of periodontal pocket depth, gingival recession, and clinical attachment level in vegetarians are not different between vegetarians and non-vegetarians.