

Hubungan antara keberfungsian keluarga dan resiliensi keluarga pada mahasiswa baru universitas indonesia = The relationship between family functioning and family resilience among freshmen in university of indonesia

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Abstrak

Penelitian ini dirancang untuk mengetahui hubungan antara keberfungsian keluarga dengan resiliensi keluarga pada mahasiswa baru Universitas Indonesia. Keberfungsian keluarga diukur menggunakan instrumen Family Adaptation and Cohesion Evaluation Scale (FACES II) dan Family Communication Scale (FCS), sedangkan resiliensi keluarga diukur menggunakan instrumen Walsh Family Resilience Questionnaire (WFRQ). Terdapat 315 partisipan penelitian yang merupakan mahasiswa baru Universitas Indonesia yang tersebar di 14 fakultas.

Hasil penelitian menunjukkan korelasi yang positif dan signifikan antara keberfungsian keluarga dan resiliensi keluarga ($r = 0,667$, $p < 0,01$). Dari ketiga dimensi yang terdapat dalam keberfungsian keluarga, yaitu kohesivitas, fleksibilitas, dan komunikasi, dimensi yang memiliki korelasi paling tinggi adalah komunikasi ($r = 0,729$, $p < 0,01$). Sebagian besar partisipan memiliki tingkat keberfungsian keluarga dan resiliensi keluarga yang tergolong tinggi dan terdapat perbedaan tingkat resiliensi antara partisipan yang memiliki tingkat keberfungsian tinggi dan rendah.

This study was designed to investigate correlation between family functioning and family resilience among freshmen in University of Indonesia. Family functioning was measured by Family Adaptation and Cohesion Evaluation Scale (FACES II) and Family Communication Scale (FCS), and family resilience was measured by Walsh Family Resilience Questionnaire (WFRQ). There were 315 participants from 14 faculties in University of Indonesia participated in this study.

The results show significant and positive correlation between family functioning and family resilience ($r = 0,667$, $p < 0,01$). From three dimensions in family functioning, cohesion, flexibility, and communication, communication has the highest correlation with family functioning ($r = 0,729$, $p < 0,01$). Most of the participants had the high level of family functioning and family resilience and there were different level of family resilience between participants who had high and low level of family functioning.