

## Hubungan antara gender role conflict dan psychological well-being pada laki laki gay dewasa muda = The correlation between gender role conflict and psychological well being among young adult gay men

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### Abstrak

[Penelitian ini dilakukan untuk mengetahui hubungan antara gender role conflict dan psychological well-being pada laki-laki gay dewasa muda. Alat ukur yang digunakan dalam penelitian ini ialah Gender Role Conflict Scale Short Form (GRCS-SF) dan Ryff's Scales of Psychological Well-Being (RPWB). Partisipan dalam penelitian ini berjumlah 99 orang laki-laki berusia 20-40 tahun yang memiliki orientasi seksual homoseksual. Hasil penelitian menunjukkan bahwa tidak terdapat hubungan yang signifikan antara gender role conflict dan psychological well-being ( $R=-0,023$ ;  $p>0,05$ ). Meskipun demikian, salah satu dimensi gender role conflict yaitu keterbatasan afeksi antar laki-laki menunjukkan korelasi negatif yang signifikan dengan psychological well-being ( $R=-0,261$ ;  $p<0,01$ ).

.....This research is conducted to find the correlation between gender role conflict and psychological well-being among young adult gay men. This research used the Gender Role Conflict Scale Short Form (GRCS-SF) and Ryff's Scales of Psychological Well-Being (RPWB). The participants of this research are 99 homosexual self-identified men aged between 20-40 years old. The result of this research showed that there is no significant correlation between gender role conflict and psychological well-being ( $R=-0,023$ ;  $p>0,05$ ). However, one of the gender role's dimensions, restrictive affectionate behavior between men, showed that there is a significant negative correlation with psychological well-being ( $R=-0,261$ ;  $p<0,01$ )., This research is conducted to find the correlation between gender role conflict and psychological well-being among young adult gay men. This research used the Gender Role Conflict Scale Short Form (GRCS-SF) and Ryff's Scales of Psychological Well-Being (RPWB). The participants of this research are 99 homosexual self-identified men aged between 20-40 years old. The result of this research showed that there is no significant correlation between gender role conflict and psychological well-being ( $R=-0,023$ ;  $p>0,05$ ). However, one of the gender role's dimensions, restrictive affectionate behavior between men, showed that there is a significant negative correlation with psychological well-being ( $R=-0,261$ ;  $p<0,01$ .)]