

Hubungan antara social comparison dan prokrastinasi akademik pada mahasiswa = The relationship between social comparison and academic procrastination among college students

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Abstrak

Academic procrastination was often doing by college students (Ellis & Knaus, in Solomon & Rothblum, 1984). One of the factors that influence academic procrastination is how the people look themselves. The person who looks themselves poorly and engages with fear of failure has a tendency to avoid evaluating with others (Vohs & Heatherton, 2004). Social comparison constructed into two dimensions are ability and opinion (Gibbons & Buunk, 1999). So, the researcher conducted a study to find the relationship between social comparison and academic procrastination among college students. Social comparison is measured using Iowa-Netherlands Comparison Orientation Measureproposed (INCOM) and academic procrastination is measured using Procrastination Assessment Scale for Students (PASS). The participants of this study are 211 participants (150 female, " 61 male) that selected by non-random sampling (accidental sampling). The result show that in general, there is no significant relationship between social comparison about ability dimension and academic procrastination ($R = 0,116$; $p = 0,120$). Then, there's a significant relationship between social comparison about opinion dimension and academic procrastination ($R = -0,191$; $p = 0,0110$, significant at $\alpha = 0,05$).

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