

Stres dan manajemen stres pada Pegawai Puskesmas (Studi deskriptif pada Puskesmas Raga Jaya, Kabupaten Bogor) = Stress and management stress on local government clinic employee descriptive (Study in local government clinic Puskesmas Raga Jaya, Bogor District) / Saiful Kiram

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Abstrak

[Penelitian ini adalah penelitian kualitatif, mendeskripsikan stres dan manajemen stres yang dilakukan oleh pegawai Puskesmas yang mengambil tempat pada Puskesmas Raga Jaya, Kecamatan Bojong Gede, Kabupaten Bogor, Jawa Barat. Penelitian ini memperlihatkan stres dan manajemen stres yang dialami oleh pegawai Puskesmas Raga Jaya dalam melaksanakan tugas dan tanggung jawabnya. Dari penelitian ini dapat terlihat bahwa pegawai Puskesmas Raga Jaya memiliki stresor yang mempengaruhi mereka dalam bekerja. stresor yang dimiliki kemudian ditangani dengan menggunakan manajemen stres yang masing-masing pegawai memiliki caranya tersendiri dalam menangani stres yang dimiliki.;This study is a qualitative research, describe stress and management stress on Local Government Clinic Employee that take place on the Puskesmas Raga Jaya, Bojong Gede, Kabupaten Bogor, Jawa Barat Province. This research shows that stress and management stress experienced by Puskesmas Raga Jaya employee in carrying out tasks and responsibilities . From this research can be seen that current Puskesmas Raga Jaya employees having stresor that affect them in work . Stresor owned by them then they dealt it with using the management of stress that each employee has its own way in dealing with stress .;This study is a qualitative research, describe stress and management stress on Local Government Clinic Employee that take place on the Puskesmas Raga Jaya, Bojong Gede, Kabupaten Bogor, Jawa Barat Province. This research shows that stress and management stress experienced by Puskesmas Raga Jaya employee in carrying out tasks and responsibilities . From this research can be seen that current Puskesmas Raga Jaya employees having stresor that affect them in work . Stresor owned by them then they dealt it with using the management of stress that each employee has its own way in dealing with stress .;This study is a qualitative research, describe stress and management stress on Local Government Clinic Employee that take place on the Puskesmas Raga Jaya, Bojong Gede, Kabupaten Bogor, Jawa Barat Province. This research shows that stress and management stress experienced by Puskesmas Raga Jaya employee in carrying out tasks and responsibilities . From this research can be seen that current Puskesmas Raga Jaya employees having stresor that affect them in work . Stresor owned by them then they dealt it with using the management of stress that each employee has its own way in dealing with stress .;This study is a qualitative research, describe stress and management stress on Local Government Clinic Employee that take place on the Puskesmas Raga Jaya, Bojong Gede, Kabupaten Bogor, Jawa Barat Province. This research shows that stress and management stress experienced by Puskesmas Raga Jaya employee in carrying out tasks and responsibilities . From this research can be seen that current Puskesmas Raga Jaya employees having stresor that affect them in work . Stresor owned by them then they dealt it with using the management of stress that each employee has its own way in dealing with stress .;This study is a qualitative research, describe stress and management stress on Local Government Clinic Employee that take place on the Puskesmas Raga Jaya, Bojong Gede, Kabupaten Bogor, Jawa Barat

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