

Kontaminasi Parasit Usus pada Sayuran Kemangi di Pasar Tradisional dan Swalayan Jakarta Tahun 2012 dengan Media Perendaman Larutan Garam Cuka = Contamination of Intestinal Parasites on Basil from Jakarta Traditional and Selfservice Markets 2012 with Soaking in Acetous Salt Solution

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Abstrak

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Sayuran kemangi yang sering dikonsumsi secara mentah misalnya sebagai lalapan, dapat menjadi media transmisi infeksi parasit usus yaitu Soil Transmitted Helminths (STH) dan kista protozoa. Penelitian ini merupakan penelitian analitik observasional dengan metode potong lintang, menggunakan 40 sampel sayuran kemangi yang dibeli secara acak dari pasar tradisional dan swalayan di Jakarta. Dua puluh sampel dari pasar tradisional dan 20 sampel dari pasar swalayan kemudian direndam selama 24 jam dalam larutan garam cuka dan air sebagai kontrol. Perendaman ini dilakukan untuk memperoleh jumlah kontaminasi parasit usus. Data berupa jumlah telur STH atau kista protozoa kemudian diproses dengan SPSS versi 20 dan dianalisis dengan uji t tidak berpasangan atau uji Mann Whitney. Hasil penelitian menunjukkan 14 sampel terkontaminasi STH, 7 sampel dari pasar tradisional dan 7 sampel dari pasar swalayan, dan seluruh sampel (100%) terkontaminasi kista protozoa. Jumlah parasit usus yang ditemukan sebesar 1780 pada pasar tradisional dan 1550 pada pasar swalayan. Hasil penelitian ini menunjukkan bahwa tidak terdapat perbedaan bermakna ($p > 0,05$) antar jumlah kontaminasi parasit usus yang ditemukan pada pasar tradisional dan swalayan Jakarta, dan diperoleh perbedaan bermakna ($p < 0,05$) antara jumlah parasit usus yang ditemukan pada media perendaman larutan garam cuka dan air. Jenis pasar tidak mempengaruhi kontaminasi parasit usus pada sayuran kemangi dan penggunaan larutan garam cuka sebagai media perendaman berpengaruh terhadap jumlah parasit usus yang ditemukan.

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ABSTRACT

Basil is often consumed uncooked, instance as lalapan, but it can be a medium of transmission of the intestinal parasites infection, Soil Transmitted Helminthes (STH) and protozoan cysts. This research used an observational analytic crosssectional method, which used 40 samples of basil purchased randomly from the traditional and selfservice markets in Jakarta. Twenty samples from traditional markets and 20 samples from selfservice markets were soaked in acetous salt solution and water as a control study to obtain the number of STH eggs or protozoan cysts. Data were processed by SPSS 20 version then analyzed by t test or Mann Whitney. Result of research showed 14 samples were contaminated by STH, 7 from traditional markets and 7 from selfservice markets, and all samples (100%) were contaminated by protozoan cysts. The number of parasites is 1780 from traditional markets and 1550 from selfservice markets. Results of this research showed, there was no significant difference ($p > 0.05$) between the prevalence of intestinal parasites in traditional and selfservice markets in Jakarta, and there was significant difference ($p < 0.05$) between the prevalence of intestinal parasites by sedimentation method in acetous salt solution and water. Type of market does not affect the prevalence of intestinal parasites in basil, and acetous salt solution as soaking

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