

# Coping fokus masalah dan emosi sebagai mediator antara coping fokus spiritual dan compassion satisfaction pada perawat = Problem and emotion focused coping as mediator between spiritual focused coping and compassion satisfaction among nurses

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## Abstrak

Penelitian ini untuk mengetahui apakah ada hubungan antara strategi coping stres dan compassion satisfaction, serta menguji coping fokus masalah dan emosi sebagai mediator antara coping fokus spiritual dan compassion satisfaction. Menggunakan Purposive sampling, Kuesioner Proqol R-IV (Stamm, 2010) Brief COPE (Carver dkk, 1989), WCC (Dahlan, 2005) dan Brief RCOPE (Pargament dkk, 1998) diisi oleh 102 perawat UGD, ICU dan Bedah Umum di Makassar. Analisa regresi berganda signifikan untuk hubungan coping fokus masalah dan coping fokus emosi dengan compassion satisfaction ( $F = 3.459$ ,  $p = .002 < .05$ ), coping fokus masalah dan coping fokus spiritual dengan compassion satisfaction ( $F = 4.016$ ,  $p = .000 < .05$ ), dan ketiga coping stres dan compassion satisfaction ( $F = 3.656$ ,  $p = .001 < .05$ ). Hasil uji mediasi menunjukkan hubungan antara coping fokus spiritual dan compassion satisfaction tidak dimediasi oleh coping fokus masalah (jalur a,  $= .012$ ,  $p = .906 > .05$ ) dan coping fokus emosi (jalur d,  $= -.037$ ,  $p = .708 > .05$  dan jalur e,  $= .161$ ,  $p = .093 > .05$ ). Penemuan menunjukkan coping fokus spiritual berhubungan langsung dengan compassion satisfaction.

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The aim of this study was to explore the relationships of coping and compassion satisfaction, and examine the problem and emotion focused coping as mediator between spiritual focused coping and compassion satisfaction. With Purposive sampling, questionnaire Proqol R-IV (Stamm, 2010) Brief COPE (Carver et al., 1989), WCC (Dahlan, 2005) dan Brief RCOPE (Pargament et al., 1998) filled by 102 nurses of UGD, ICU and Centre Operating Service in Makassar. The results of multiple regression were significant for relationships between problem focused coping and emotion focused coping with compassion satisfaction ( $F = 3.459$ ,  $p = .002 < .05$ ), problem focused coping and spiritual focused coping with compassion satisfaction ( $F = 4.016$ ,  $p = .000 < .05$ ), and the third of coping with compassion satisfaction ( $F = 3.656$ ,  $p = .001 < .05$ ). The mediation analyses showed that the relationships between spiritual focused coping and compassion satisfaction were not mediated by problem focused coping (path a,  $= .012$ ,  $p = .906 > .05$ ) and emotion focused coping emosi (path d,  $= -.037$ ,  $p = .708 > .05$  and path e,  $= .161$ ,  $p = .093 > .05$ ). Finding showed that relationship between of spiritual focused coping was directly with compassion satisfaction.