

Pengalaman perawat dalam mendiskusikan isu seksual dengan pasien kanker ginekologi : studi fenomenologi = Nurses experiences in discussing sexual issues with gynecologic cancer patients : a phenomenological study

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Abstrak

[ABSTRAK

Perawat memegang peranan penting dalam pemberian asuhan keperawatan serta mendampingi pasien dengan kanker ginekologi selama 24 jam. Pada pelaksanaan, belum semua perawat melakukan pengkajian psikoseksual ketika memberikan asuhan pelayanan keperawatan untuk menggali masalah seksual akibat terapi yang dialami oleh pasien kanker. Penelitian ini bertujuan untuk mengeksplorasi pengalaman perawat yang bekerja di unit onkologi dalam mendiskusikan isu seksual dengan pasien dan penyintas kanker ginekologi. Secara keseluruhan fenomena yang didapatkan dalam penelitian ini adalah suatu gambaran pengalaman perawat dalam mendiskusikan isu seksual dengan pasien kanker ginekologi. Penelitian dengan metode kualitatif dengan desain fenomenologi ini melibatkan sampel sepuluh partisipan. Analisa hasil penelitian dilakukan dengan cara analisa isi dengan menyimpulkan pernyataan partisipan menjadi tema dalam penelitian. Penelitian ini menemukan lima tema utama yang berkaitan dengan pengalaman perawat dalam mendiskusikan isu seksual dengan pasien kanker ginekologi yaitu persepsi perawat tentang pelayanan psikoseksual, hambatan yang ditemukan perawat ketika mendiskusikan isu seksual dengan pasien kanker ginekologi, menemukan masalah yang mengganggu seksualitas pada pasien kanker ginekologi, cara/upaya perawat memperoleh dukungan dalam membantu masalah psikoseksual pada pasien kanker ginekologi, kebutuhan perawat terhadap implementasi pelayanan psikoseksual pada pasien kanker ginekologi. Pelayanan psikoseksual pada pasien kanker ginekologi dapat ditingkatkan dengan adanya diskusi isu seksual dengan pasien kanker ginekologi. Perawat diharapkan dapat melakukan pengkajian psikoseksual di dalam pemberian asuhan keperawatan pada pasien kanker ginekologi.

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ABSTRACT

Nurses play an important role in providing nursing care as well as assisting gynecologic cancer patients for 24 hours. In fact, not all nurses do a psychosexual assessment when providing nursing care in order to explore sexual problems related to the cancer therapy experienced by the patients. This study aimed to explore the experiences of nurses who work in oncology unit in discussing sexual issues with the patients and survivors of gynecologic cancer. Overall phenomenon obtained in this study was an overview of nurses' experiences in discussing sexual issues with gynecologic cancer patients. This study applied a qualitative method with phenomenological design. The samples were ten participants. The results were analyzed using content analysis by concluding the participants' statements to become the research themes. This study identified five main themes related to nurses' experiences in discussing sexual issues with

gynecologic cancer patients, including nurses' perceptions of psychosexual services, the obstacles found by nurses when discussing sexual issues with gynecologic cancer patients, finding problems that interfere with sexuality in gynecologic cancer patients, nurses' attempts to obtain supports in helping psychosexual problems of gynecologic cancer patients, nurses' needs to the implementation of psychosexual services for gynecologic cancer patients. Psychosexual services for gynecologic cancer patients can be improved by the presence of sexual issues discussion with gynecologic cancer patients. Nurses are expected to do a psychosexual assessment in providing nursing care to gynecologic cancer patients.;Nurses play an important role in providing nursing care as well as assisting gynecologic cancer patients for 24 hours. In fact, not all nurses do a psychosexual assessment when providing nursing care in order to explore sexual problems related to the cancer therapy experienced by the patients. This study aimed to explore the experiences of nurses who work in oncology unit in discussing sexual issues with the patients and survivors of gynecologic cancer. Overall phenomenon obtained in this study was an overview of nurses' experiences in discussing sexual issues with gynecologic cancer patients. This study applied a qualitative method with phenomenological design. The samples were ten participants. The results were analyzed using content analysis by concluding the participants' statements to become the research themes. This study identified five main themes related to nurses' experiences in discussing sexual issues with gynecologic cancer patients, including nurses' perceptions of psychosexual services, the obstacles found by nurses when discussing sexual issues with gynecologic cancer patients, finding problems that interfere with sexuality in gynecologic cancer patients, nurses' attempts to obtain supports in helping psychosexual problems of gynecologic cancer patients, nurses' needs to the implementation of psychosexual services for gynecologic cancer patients. Psychosexual services for gynecologic cancer patients can be improved by the presence of sexual issues discussion with gynecologic cancer patients. Nurses are expected to do a psychosexual assessment in providing nursing care to gynecologic cancer patients.;Nurses play an important role in providing nursing care as well as assisting gynecologic cancer patients for 24 hours. In fact, not all nurses do a psychosexual assessment when providing nursing care in order to explore sexual problems related to the cancer therapy experienced by the patients. This study aimed to explore the experiences of nurses who work in oncology unit in discussing sexual issues with the patients and survivors of gynecologic cancer. Overall phenomenon obtained in this study was an overview of nurses' experiences in discussing sexual issues with gynecologic cancer patients. This study applied a qualitative method with phenomenological design. The samples were ten participants. The results were analyzed using content analysis by concluding the participants' statements to become the research themes. This study identified five main themes related to nurses' experiences in discussing sexual issues with gynecologic cancer patients, including nurses' perceptions of psychosexual services, the obstacles found by nurses when discussing sexual issues with gynecologic cancer patients, finding problems that interfere with sexuality in gynecologic cancer patients, nurses' attempts to obtain supports in helping psychosexual problems of gynecologic cancer patients, nurses' needs to the implementation of psychosexual services for gynecologic cancer patients. Psychosexual services for gynecologic cancer patients can be improved by the presence of sexual issues

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