

Program pelatihan mediasi konflik untuk meningkatkan kemampuan ibu dalam menangani konflik antar saudara kandung pada anak usia dini = Conflict mediation training program to improve mother's ability in dealing with their early childhood's sibling conflict

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Abstrak

[ABSTRAK

Konflik antar saudara kandung merupakan hal yang sering terjadi pada rentang usia dini. Sebagai individu yang memiliki tanggung jawab dalam kepengasuhan anak, seorang ibu diharapkan dapat ikut membantu menyelesaikan konflik antar saudara kandung dengan strategi yang positif. Pada kenyataannya, strategi yang digunakan ibu masih bersifat negatif, sehingga tidak memberikan kesempatan pada anak untuk mengembangkan keterampilan dalam menyelesaikan sebuah konflik. Terdapat sebuah strategi yang lebih positif yang dapat digunakan oleh ibu untuk menangani konflik antar saudara kandung. Strategi ini dinamakan dengan mediasi.

Penelitian ini bertujuan untuk mengetahui dampak pelatihan mediasi konflik yang diberikan kepada ibu dalam meningkatkan kemampuan (pengetahuan dan keterampilan) untuk menangani konflik antar saudara kandung pada anak usia dini. Penelitian ini menggunakan desain one group pretest ? posttest design. Alat ukur yang digunakan terdiri dari kuesioner untuk mengukur pengetahuan ibu mengenai konflik dan mediasi serta behavioral rating scale untuk mengukur keterampilan ibu dalam menangani konflik.

Hasil analisis dengan menggunakan teknik paired sample t-test menunjukkan peningkatan yang signifikan pada kemampuan ibu dalam menangani konflik antar saudara kandung, dengan taraf signifikansi $p < 0,05$. Hasil follow up yang dilakukan setelah pelatihan menunjukkan perubahan strategi ibu dalam menangani konflik antar saudara kandung menjadi lebih positif.

ABSTRACT

Sibling conflict is common in early childhood. As an individual who has responsibility in parenting process, a mother is expected to be able to help the child in resolving conflicts between siblings in a positive strategy. However, the strategies used by mother are still negative, and this condition does not give children the chances to develop their skills in resolving conflicts. There is a more positive strategy that can be used by mother in dealing with sibling conflicts. This strategy called mediation.

This research aimed to analyze the effect of conflict mediation training to improve mothers ability (knowledge and skills) in dealing with sibling conflict in early childhood. One group pretest ? posttest design were chosen in this research. Mother knowledge about conflict and mediation were assessed using a questionnaire, meanwhile ability in dealing with sibling conflict were assessed by a behavioral rating scale.

The result using paired sample t-test analysis shows a significant difference in mother ability to resolving

siblings conflict ($p < 0.05$). A follow-up assessment also report mothers strategy in dealing with sibling conflict that become more positive.;Sibling conflict is common in early childhood. As an individual who has responsibility in parenting process, a mother is expected to be able to help the child in resolving conflicts between siblings in s a positive strategy. However, the strategies used by mother are still negative,and this condition does not give children the chances to develop their skills in resolving conflicts. There is a more positive strategy that can be used by mother in dealing with sibling conflicts. This strategy called mediation. This research aimed to analyzed the effect of conflict mediation training to improve mothers ability (knowledge dan skills) in dealing with sibling conflict in early childhood. One group pretest ? posttest design were choosen in this research. Mother knowledge about conflict and mediation were assessed using a questionnaire, meanwhile ability in dealing with sibling conflict were assessed by a behavioral rating scale. The result using paired sample t-test analysis shows a signficant different in mother ability to resolving siblings conflict ($p < 0.05$). A follow-up assessment also report mothers strategy in dealing with sibling conflict that become more positive.;Sibling conflict is common in early childhood. As an individual who has responsibility in parenting process, a mother is expected to be able to help the child in resolving conflicts between siblings in s a positive strategy. However, the strategies used by mother are still negative,and this condition does not give children the chances to develop their skills in resolving conflicts. There is a more positive strategy that can be used by mother in dealing with sibling conflicts. This strategy called mediation. This research aimed to analyzed the effect of conflict mediation training to improve mothers ability (knowledge dan skills) in dealing with sibling conflict in early childhood. One group pretest ? posttest design were choosen in this research. Mother knowledge about conflict and mediation were assessed using a questionnaire, meanwhile ability in dealing with sibling conflict were assessed by a behavioral rating scale. The result using paired sample t-test analysis shows a signficant different in mother ability to resolving siblings conflict ($p < 0.05$). A follow-up assessment also report mothers strategy in dealing with sibling conflict that become more positive.;Sibling conflict is common in early childhood. As an individual who has responsibility in parenting process, a mother is expected to be able to help the child in resolving conflicts between siblings in s a positive strategy. However, the strategies used by mother are still negative,and this condition does not give children the chances to develop their skills in resolving conflicts. There is a more positive strategy that can be used by mother in dealing with sibling conflicts. This strategy called mediation. This research aimed to analyzed the effect of conflict mediation training to improve mothers ability (knowledge dan skills) in dealing with sibling conflict in early childhood. One group pretest ? posttest design were choosen in this research. Mother knowledge about conflict and mediation were assessed using a questionnaire, meanwhile ability in dealing with sibling conflict were assessed by a behavioral rating scale. The result using paired sample t-test analysis shows a signficant different in mother ability to resolving siblings conflict ($p < 0.05$). A follow-up assessment also report mothers strategy in dealing with sibling conflict that become more positive., Sibling conflict is common in early childhood. As an individual who has responsibility in parenting process, a mother is expected to be able to help the child in resolving conflicts between siblings in s a positive strategy. However, the strategies used by mother are still negative,and this condition does not give children the chances to develop their skills in resolving conflicts. There is a more positive strategy that can be used by mother in dealing with sibling conflicts. This strategy called mediation. This research aimed to analyzed the effect of conflict mediation training to improve mothers ability (knowledge dan skills) in dealing with sibling conflict in early childhood. One group pretest – posttest design were choosen in this research. Mother knowledge about conflict and mediation were assessed using a

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