

Kisah hidup penyintas kanker leher rahim yang mengalami kekambuhan = The life stories of cervical cancer survivors who experience of recurrence

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Abstrak

[ABSTRAK

Penyintas kanker leher rahim masih mengalami ketakutan sepanjang hidupnya. Salah satu sumber ketakutan adalah kemungkinan mengalami kekambuhan walaupun sudah dinyatakan sembuh. Penelitian ini bertujuan mengeksplorasi kisah penyintas kanker leher rahim yang mengalami kekambuhan dengan menggunakan pendekatan kualitatif "life history". Pengambilan data dilakukan dengan wawancara mendalam pada dua penyintas kanker, analisa dengan menceritakan kembali kisah penyintas dalam bentuk tema. Hasil penelitian ini menemukan bahwa penyintas kanker leher rahim saat mengalami kekambuhan menerima kondisi kekambuhannya dengan berbagai proses kehidupan yang dialami yaitu terpenuhinya rasa aman setelah terapi dinyatakan selesai, kembalinya tanda gejala awal dan lanjutan, menjalani terapi kembali, penolakan terhadap kondisi kekambuhan, menghindari kontak sosial saat mengalami kekambuhan, memperoleh dukungan saat mengalami kekambuhan, sampai menerima kondisi kekambuhan. Oleh karena itu pentingnya pemahaman tenaga kesehatan khususnya perawat untuk mengetahui kisah hidup penyintas kanker leher rahim dengan kekambuhan sehingga dapat memberikan tindakan dan dukungan yang tepat pada setiap periode kekambuhan yang dilalui dalam meningkatkan kualitas hidupnya.

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ABSTRACT

Cervical cancer survivors are still experiencing fear throughout her life. One source of fear is likely to experience a recurrence despite being declared cured. This study aims to explore the story of cervical cancer survivors who experienced recurrence by using a qualitative approach life history. Data were collected by indepth interviews in two cancer survivors, analysed by retelling the story of the survivors in the form of theme. The results of this study found that cervical cancer survivors experienced a recurrence while receiving recurrence with various process conditions of life experienced, that sense of fulfillment after the treatment was complete, marks the return of the symptoms of early and advanced, come back to therapy, the rejection of recurrence conditions, avoid social contact when experiencing a recurrence, obtaining support when experiencing a recurrence, to accept the conditions of recurrence. Hence the importance of understanding health professionals, especially nurses to know the life story of cervical cancer survivors

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