

## Hubungan gangguan depresi dengan kualitas hidup pasien diabetes mellitus tipe 2 di poliklinik endokrin RSCM = The relation between depression and quality of life among type 2 diabetes mellitus patients in endocrine polyclinic at RSCM

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Abstrak

[<b>ABSTRAK</b><br>

Depresi banyak ditemui pada orang dengan penyakit kronis, antara lain diabetes mellitus tipe 2. Salah satu penelitian menemukan bahwa sekitar 45% dari seluruh penderita diabetes mellitus tipe 2 yang mengalami gangguan depresi namun tidak menjadi perhatian. Pasien diabetes mellitus tipe 2 yang depresi mengalami dampak yang cukup besar terhadap kualitas hidup. Penelitian ini merupakan penelitian analitik kuantitatif potong lintang (cross sectional) untuk mengetahui adanya hubungan antara gangguan depresi dengan kualitas hidup pasien diabetes mellitus tipe 2 di Poliklinik Endokrin RSCM. Hasil dari penelitian ini menyatakan kualitas hidup pasien diabetes mellitus tipe 2 yang mengalami gangguan depresi secara keseluruhan lebih buruk dibandingkan yang tidak mengalami gangguan depresi. Pasien diabetes mellitus tipe 2 yang mengalami gangguan depresi memiliki dampak yang cukup besar terhadap kualitas mereka.

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<b>ABSTRACT</b><br>

Depression is commonly found in people with chronic diseases, such as diabetes mellitus type 2. One study found that approximately 45% of all diabetes mellitus type 2 who suffered from depression but was not a concern. Type 2 diabetes mellitus patients with depression experience a considerable impact on quality of life. The methodology of this study is a cross-sectional quantitative analytic to investigate the relationship between depression and quality of life of patients with diabetes mellitus type 2 in the Endocrine Clinic RSCM. The results of this study states the quality of life of patients with type 2 diabetes mellitus who have depressive disorders are generally worse than that is not experiencing depression. Patients with type 2 diabetes mellitus who experience depression have a considerable impact on their quality of life.; Depression is commonly found in people with chronic diseases, such as diabetes mellitus type 2. One study found that approximately 45% of all diabetes mellitus type 2 who suffered from depression but was not a concern. Type 2 diabetes mellitus patients with depression experience a considerable impact on quality of life. The methodology of this study is a cross-sectional quantitative analytic to investigate the relationship between depression and quality of life of patients with diabetes mellitus type 2 in the Endocrine Clinic RSCM. The results of this study states the quality of life of patients with type 2 diabetes mellitus who have depressive disorders are generally worse than that is not experiencing depression. Patients with type 2 diabetes mellitus who experience depression have a considerable impact on their quality of life., Depression is commonly found in people with chronic diseases, such as diabetes mellitus type 2. One study found that approximately 45% of all diabetes mellitus type 2 who suffered from depression but was not a concern. Type 2 diabetes mellitus patients with depression experience a considerable impact on quality of life. The methodology of this study is a cross-sectional quantitative analytic to investigate the relationship between depression and quality of life of patients with diabetes mellitus type 2 in the Endocrine Clinic RSCM. The results of this

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