

## Penilaian kebutuhan pelatihan di bidang kesehatan jiwa bagi petugas yayasan dan petugas kesehatan di layanan primer di sekitar Yayasan Galuh Bekasi Jawa Barat = Mental health training needs assessment of foundation staff and primary health care staff in the area surrounding Galuh Foundation Bekasi, West Java

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### Abstrak

Penelitian ini merupakan studi kualitatif untuk mengetahui profil dan beban kerja petugas yayasan dan petugas kesehatan di layanan primer (puskesmas) di sekitar Yayasan Galuh, perilaku mencari pertolongan dari pengguna jasa layanan Yayasan Galuh, kebutuhan pelatihan bagi petugas Yayasan Galuh maupun petugas puskesmas di sekitar yayasan. Penelitian dilakukan dengan melakukan focus group discussion (FGD) dan wawancara mendalam yang dilakukan terhadap petugas Yayasan Galuh, petugas Puskesmas Pengasinan, petugas Dinas Sosial Kota Bekasi, konsumen, dan keluarganya.

Hasil penelitian menunjukkan bahwa Petugas Yayasan Galuh dan Petugas Puskesmas memiliki pengetahuan dan pelatihan yang minim di bidang kesehatan jiwa dan beban kerja yang tinggi. Inisiatif pengobatan terbanyak atas keinginan keluarga. Beberapa hal yang menyebabkan keluarga memilih pengobatan jiwa tradisional di Yayasan Galuh antara lain: tidak memiliki pelaku rawat, biaya perawatan di Yayasan Galuh yang terjangkau, perbaikan gejala gangguan jiwa, dan kurangnya pengetahuan akan penyakit jiwa. Kebutuhan pelatihan petugas Yayasan Galuh yang paling banyak diungkapkan adalah pelatihan di bidang kesehatan fisik. Kebutuhan pelatihan petugas Yayasan Galuh di bidang kesehatan jiwa yaitu : gejala, diagnosis dan pengobatan gangguan jiwa, tehnik komunikasi dengan ODGJ, cara perawatan ODGJ dengan: perilaku kekerasan, isolasi diri, perawatan diri kurang, perilaku kacau. Petugas puskesmas merasa perlu mendapatkan pelatihan bagaimana dapat melakukan deteksi dini, dapat mengenali tanda dan gejala gangguan jiwa yang lazim pada orang yang datang berobat ke Puskesmas.

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This study is a qualitative study to explore the profile and workload profiles of foundation staff and primary health care staff workers in the area surrounding Galuh Foundation, help seeking behavior of Galuh foundation service users, the training needs for Galuh foundation staff and Primary Health Care Staff in the Area Surrounding Galuh Foundation. Data collection was done through focus group discussion (FGD) and in-depth interviews with Galuh Foundation staff and primary health care staff, Bekasi social service officers, service users and their family.

The results showed that the Galuh Foundation staff and primary health care staffs in the surrounding area have high workload, with minimal knowledge and training in mental health. Most treatment initiatives came from the family. Some of the reasons cited from family members for choosing traditional treatment in Galuh Foundation were lack of caregivers at home, affordable cost at Galuh Foundation, improvement of mental illness symptoms after receiving care at Galuh Foundation, and lack of knowledge related to mental illness. The most widely expressed training needs were of physical health related training.

Mental health training needs identified from Galuh Foundation Staffs were: symptoms, diagnosis and treatment of mental disorders, communication techniques with mentally ill persons, how to care for person

with: violent behavior, self-isolation, poor self care, bizzare behavior. Primary health care staffs expressed needs to get mental health training in: mental illness early detection, signs and symptoms recognition of common mental disorders in community members who present to the primary health care.