

Perbedaan Kondisi Psikis antara Mahasiswa Lama dengan Mahasiswa Baru saat Mengikuti Praktikum Anatomi di Laboratorium Anatomi Fakultas Kedokteran Universitas Indonesia = The differences in students' psychological condition between old and new students during anatomy laboratory session at faculty of medicine Universitas Indonesia / Novia Nurlaila Shoffa

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Abstrak

**ABSTRACT**

Kondisi psikis mahasiswa selama mengikuti praktikum anatomi dapat mempengaruhi hasil pembelajaran. Kondisi psikis dapat dipengaruhi oleh efek formalin yang digunakan sebagai pengawet kadaver, pengalaman dengan kadaver, suasana laboratorium, serta faktor lain. Sebuah studi cross-sectional dilakukan untuk mengetahui perbedaan kondisi psikis antara mahasiswa lama dengan mahasiswa baru. Kondisi psikis positif dan negatif dinilai menggunakan kuesioner Positive and Negative Affect Schedule (PANAS) yang telah dimodifikasi. Data mahasiswa baru diambil pada sesi praktikum anatomi pertama, sedangkan data mahasiswa lama diambil pada sesi praktikum ketujuh. Sebanyak 151 mahasiswa laki-laki dan 222 mahasiswa perempuan berpartisipasi dalam penelitian, terdiri dari 206 mahasiswa baru dan 167 mahasiswa lama. Psikis positif terbanyak pada mahasiswa lama adalah tertarik, sedangkan pada mahasiswa baru adalah fokus. Psikis negatif terbanyak pada kedua kelompok adalah rasa tidak nyaman. Dengan uji chi square didapatkan hubungan yang bermakna antara rasa bangga dengan status mahasiswa ( $p=0,002$ ), sementara psikis negatif dan psikis positif lainnya tidak menunjukkan hubungan yang bermakna ( $p>0,05$ ).

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**ABSTRACT**

Students' psychological condition during anatomy laboratory session could affect learning process. These psychological conditions are influenced by effects of formaldehyde used on cadaver, the experience of seeing cadaver, laboratory condition, and other factors. A cross-sectional study was done to seek the differences of psychological conditions between old and new students during anatomy laboratory session. Students' positive and negative psychological conditions were examined by using modified Positive and Negative Affect Schedule (PANAS) questionnaire. The data of new students were obtained on the first anatomy laboratory session, while those of old students on the seventh session. A total of 151 male and 222 female students participated in this study, which consisted of 206 new students and 167 old students. The most common positive psychological condition found in old students was interested, while in new students was focus. On the other hand, the most common negative psychological condition in both old and new students were uncomfortable. The chi square test showed that there was a relationship between proud feeling with students' status ( $p=0.002$ ). On the contrary, no relationship was found between negative psychological and other positive psychological conditions with students' status ( $p>0.05$ ).