

Hubungan antara perceived social support dan internalizing symptoms pada remaja yang ditinggal orang tua bekerja sebagai buruh migran di luar negeri = The relationship between perceived social support and internalizing symptoms among adolescents who were left behind by parents to work as a migrant worker abroad

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Abstrak

Studi ini bertujuan untuk mengetahui hubungan dari perceived social support dan internalizing symptoms pada remaja yang ditinggalkan orang tuanya untuk bekerja sebagai buruh migran di luar negeri. Alat ukur Multidimensional Scale of Perceived Social Support (MSPSS) digunakan untuk mengukur dukungan sosial yang dipersepsikan dari tiga sumber dan alat ukur Strength and Difficulties Questionnaire (SDQ) pada dimensi internalizing problems untuk gejala internalizing. 171 remaja terlibat dalam studi ini. Melalui teknik statistik Pearson Correlation, ditemukan bahwa perceived social support berkorelasi secara negatif dan signifikan dengan internalizing symptoms. Berdasarkan hasil dari studi ini, penulis menyarankan agar buruh migran tetap melakukan komunikasi dengan anak-anaknya.

.....This study aims to seek the relationship between perceived social support and internalizing symptoms in adolescents who are left behind by their parents to be a migrant worker abroad. Multidimensional Scale of Perceived Social Support (MSPSS) are used to measure perceived social support from three sources, and the broad dimension of internalizing problem in the Strength and Difficulties Questionnaire are used to measure internalizing symptoms. 171 adolescents are involved in this study. The Pearson Correlation indicates that perceived social support correlates significantly and negatively with internalizing symptoms. It is suggested that parents working abroad should communicate frequently with their children.