

# Prediksi relationship contingency of self-worth dan romantic beliefs terhadap desakan menikah pada dewasa muda di Jakarta dan sekitarnya = Prediction of relationship contingency of self-worth and romantic beliefs toward mate urgency in greater Jakarta young adults

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## Abstrak

Membentuk hubungan romantis berupa pernikahan adalah tugas perkembangan dewasa muda. Pola pernikahan di Jakarta dan sekitarnya pada masa kini menunjukkan bahwa individu juga menikah atas keputusannya sendiri selain faktor eksternal seperti lingkungan dan keluarga. Faktor individual yang diketahui memprediksi desakan menikah adalah relationship contingency of self-worth. Selain itu, alasan individual untuk menikah yang ditemukan di masa kini berdasar pada cinta yang dirasakan pada pasangan (Sprecher & Hatfield, 2015) dan keyakinan-keyakinan tentang pernikahan (Berry, 2012) yang digambarkan oleh romantic beliefs.

Penelitian ini berusaha untuk mengetahui apakah relationship contingency of self-worth dan romantic beliefs memprediksi desakan menikah pada dewasa muda di Jakarta dan sekitarnya. Penelitian dilakukan dengan jumlah responden sebanyak 212 orang.

Ditemukan bahwa model multiple regression relationship contingency of self worth dan romantic beliefs memprediksi desakan menikah secara signifikan. Model relationship contingency of self-worth memprediksi desakan menikah secara signifikan, sedangkan model romantic beliefs tidak memprediksi desakan menikah secara signifikan. Ditemukan juga bahwa tiga dimensi romantic beliefs berkorelasi positif dengan desakan menikah secara signifikan. Dimensi-dimensi tersebut adalah love finds a way, idealization, dan love at first sight.

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Establishing romantic relationship in the form of marriage is a developmental task for young adults. Marriage patterns in Greater Jakarta have shown that young adults in the present day also marry as an individual decision other than external factors such as social environment and family. Individual factor that has known predicting mate urgency is relationship contingency of self-worth. Another individual reason to mate that is found lately is based on love (Sprecher & Hatfield, 2015) and beliefs about marriage (Berry, 2012) that is explained as romantic beliefs.

This research aims to examine the prediction of relationship contingency of self-worth and romantic beliefs toward mate urgency on young adults in Greater Jakarta. This research gathered 212 respondents.

It was found that multiple regression model of relationship contingency of self worth and romantic beliefs predicted mate urgency significantly. Relationship contingency of self-worth model predicted mate urgency significantly while romantic beliefs model did not predict mate urgency significantly. It was also found that three dimensions of romantic beliefs have a positive correlation with mate urgency. Those dimensions are love finds a way, idealization, and love at first sight.