

Hubungan antara attachment dengan behavior difficulties pada remaja yang ditinggalkan orangtuanya bekerja sebagai buruh migran di luar negeri = The correlation between attachment and behavior difficulties in adolescents who are left behind to work abroad by their migrant worker parents

Riztianti Setiamurdiawati, author

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Abstrak

Tujuan dari penelitian ini adalah melihat apakah terdapat hubungan antara attachment dengan behavior difficulties pada remaja yang ditinggalkan orangtuanya bekerja sebagai buruh migran di luar negeri. Inventory of Parent and Peer Attachment (Armsden & Greenberg, 1987) dan Strengths and Difficulties Questionnaire (Goodman, 1997) digunakan untuk mengukur attachment dan behavior difficulties. Partisipan dari penelitian ini adalah 153 remaja berusia 11-16 tahun di Kecamatan Cilamaya, Karawang, Jawa Barat. Hasil penelitian menunjukkan bahwa terdapat hubungan negatif yang signifikan antara attachment yang terdiri dari parental dan peer attachment dengan behavior difficulties pada remaja yang ditinggalkan orangtuanya bekerja sebagai buruh migran di luar negeri. Dengan demikian, parental dan peer attachment yang berkualitas dapat mengurangi kemungkinan remaja anak buruh migran mengembangkan behavior difficulties. Oleh karena itu penting bagi orangtua untuk menjaga kualitas attachment dengan anak mereka walau tidak dapat selalu hadir dan berinteraksi secara langsung.

.....The aim of this study is to investigate whether any correlation between attachment and behavior difficulties in adolescents who are left behind to work abroad by their migrant worker parents. Inventory of Parent and Peer Attachment (Armsden & Greenberg, 1987) and Strengths and Difficulties Questionnaire (Goodman, 1997) are used to measure attachment and behavior difficulties. Participants of this study were 153 adolescents aged 11-16 years old from Cilamaya, Karawang, West Java.

The result of the study shows that there is a significant negative correlation between attachment (consist of parental and peer attachment) and behavior difficulties in adolescents with migran worker parents. In conclusion, high-quality parental and peer attachment could lower the chance for migran worker?s children to develop behavior difficulties. Hence, it is important for parents maintain the quality of attachment with their children despite the distance that prevents them to interact in person and couldn?t present when their children need them.