

Hubungan antara adult attachment dan komitmen pada emerging adult yang sedang berpacaran = The relationship between adult attachment and commitment among dating emerging adult

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Abstrak

Penelitian ini bertujuan untuk melihat hubungan antara adult attachment dan komitmen pada emerging adult yang sedang berpacaran. Sebanyak 203 responden mengisi kuesioner alat ukur adult attachment (Experience in Close Relationship) dan komitmen (Commitment Inventory). Pada penelitian ini, hasil penelitian menunjukkan bahwa terdapat hubungan yang signifikan dan negatif antara adult attachment dan komitmen ($r = -.269$, $p = .000$). Hal ini berarti, semakin rendah adult attachment, semakin tinggi komitmen yang dimiliki. Penelitian ini juga menemukan bahwa tidak terdapat hubungan yang signifikan antara komitmen dengan kategori adult attachment, yaitu secure, preoccupied, dismissive, fearful ($p > 0,5$).

.....The aim of this research was to examine the relationship between adult attachment and commitment among dating emerging adult. A total 203 respondent completed questionnaires on adult attachment (Experience in Close Relationship) and commitment (Commitment Inventory). In this research, the result points out a negative and significant relationship between adult attachment and commitment ($r = -.269$, $p = .000$). It means, low attachment indicates high commitment. The result of this research also indicates that the adult attachment's categories (secure, preoccupied, dismissive, fearful) doesn't correlated with commitment ($p > 0,5$).