

## Hubungan antara agresi relasional dan kualitas hubungan romantis pada dewasa muda yang berpacaran = The correlation of relational aggression and quality of romantic relationship among young adult currently in a romantic relationship

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### Abstrak

Penelitian ini dilakukan untuk mengetahui hubungan antara agresi relasional dan kualitas hubungan romantis pada dewasa muda yang berpacaran. Agresi relasional didefinisikan sebagai tingkah laku yang menyebabkan kerugian dengan merusak hubungan atau perasaan diterima dan cinta. Kualitas hubungan romantis didefinisikan persepsi individu terhadap sejauh mana hubungan yang sedang dijalani memberikan atau tidak memberikan manfaat melalui pengalaman dan interaksi. Pengukuran agresi relasional menggunakan Self-Report of Romantic Relational Aggression (SRRRA) yang disusun oleh Morales dan Crick (1998). Pengukuran kualitas hubungan romantis menggunakan alat ukur Partner Behavior as Social Context (PBSC) oleh Ducat dan Zimmer-Gembeck (2010). Partisipan penelitian berjumlah 332 individu usia dewasa muda yang sedang berpacaran. Melalui teknik statistic Pearson Correlation, diketahui bahwa terdapat hubungan negatif antara agresi relasional dan kualitas hubungan romantis yang signifikan.

*This research was conducted to find the correlation between relational aggression and romantic relationship quality among young adulthood currently in a relationship. Relational aggression defined as behavior that harm others through damage (or the threat of damage) to relationships or feeling of acceptance, friendship, or group inclusion. Romantic relationship quality defined as the extent to which a relationship provides or withholds beneficial experiences and interactions. Relational aggression was measured using an instrument named Self-Report of Romantic Relational Aggression made by Morales and Crick (1998). Romantic relationship quality was measured using an instrument names Partner Behavior as Social Context (PBSC) made by Ducat and Zimmer-Gembeck, 2010). Participants of this research were 332 young adulthood currently in a relationship. The Pearson Correlation indicates negative significant correlation between relational aggression and romantic relationship quality.*