

Hubungan perilaku merokok dengan prestasi akademik = Relation between smoking behavior and academic achievement

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Abstrak

**ABSTRAK
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Perilaku merokok pada remaja berefek mengganggu konsentrasi sehingga berdampak terhadap prestasi akademik. Penelitian ini bertujuan untuk mengetahui hubungan perilaku merokok dengan prestasi akademik. Desain penelitian adalah cross sectional. Teknik pengambilan sampel yang digunakan adalah cluster sampling dengan responden penelitian sebanyak 257 siswa di SMA Negeri 59 Jakarta. Analisis data menggunakan uji chi-square. Penelitian ini menunjukkan adanya hubungan antara perilaku merokok dengan prestasi akademik (p value=0,026; $\alpha=0,05$). Disarankan agar perawat dan institusi pendidikan bekerja sama untuk memberikan edukasi kesehatan kepada remaja terkait gaya hidup sehat tanpa rokok.

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**ABSTRACT
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Smoking behavior in adolescents has the effect to interrupt the concentration so it will be effect on academic achievement too. This study aim to determine the relationship between smoking behavior and academic achievement. Research design was cross-sectional. The sampling technique used is cluster sampling with survey respondents as much as 257 people in 59 Senior High School Jakarta. This study is analyzed with chi-square test. This research showed the relationship between smoking behavior with academic achievement (p value=0,026; $\alpha=0,05$). It is recommended that nurses and educational institutions work together to provide health education related healthy lifestyle without smoking for adolescents.