

Hubungan antara coping stress dan parenting self-efficacy pada orangtua dengan anak gangguan spektrum autistik = The relationship between coping stress and parenting self-efficacy on parents of children with autistic spectrum disorder

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Abstrak

Penelitian ini bertujuan untuk melihat hubungan antara coping stress dan parenting self-efficacy. Partisipan penelitian ini adalah orangtua yang memiliki anak dengan gangguan spektrum autistik, sebanyak 66 orang. Pengukuran coping stress menggunakan alat ukur Brief COPE yang dikembangkan oleh Carver (1997) dan telah diadaptasi oleh Amanda (2014). Parenting self-efficacy diukur menggunakan subskala efficacy pada PSOC Scale yang dikembangkan oleh Johnston dan Mash (1989) dan telah diadaptasi oleh Puspitarani (2010). Berdasarkan hasil perhitungan korelasi Pearson Correlation diperoleh hasil koefisien korelasi antara coping stress dan parenting self-efficacy sebesar -0.054 dengan nilai signifikansi sebesar 0.668 ($p > 0.01$). Hal ini berarti bahwa, tidak terdapat hubungan positif dan signifikan antara coping stress dan parenting self-efficacy. Penelitian ini menemukan terdapat perbedaan skor kemampuan coping stress antara ayah dan ibu.The objective of this research was to find the correlation between coping stress and parenting self-efficacy. The participants of this research were 66 parents of children with autistic spectrum disorder. Coping stress was measured with Brief COPE, constructed by Carver (1997) and had been adapted by Amanda (2014). Parenting self-efficacy was measured by measurement tools efficacy subscale of PSOC Scale, constructed by Johnston and Mash (1989) and had been adapted by Puspitarani (2010). The coefficient of Pearson correlation between coping stress and parenting self-efficacy was -0.054 with significance value 0.668 ($p > 0.01$). It indicated that there were negative and no significant correlation between coping stress and parenting self-efficacy.