

Hunian bagi lanjut usia = Housing for the elderly / Irza Nisrina Afifah

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Abstrak

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Seiring dengan bertambahnya usia, terjadi perubahan pada lansia yang menyebabkan kebutuhan mereka lebih spesifik, sehingga berimplikasi kepada huniannya. Sementara itu, peningkatan jumlah lansia di Indonesia pada saat ini mendorong berkembangnya hunian khusus lansia, baik berupa institusi (panti werdha) yang bersifat pelayanan sosial, maupun hunian yang bersifat komersil. Tulisan ini membahas bagaimana usia tua mempengaruhi kebutuhan lansia serta melihat bagaimana kebutuhan tersebut dipenuhi di dalam huniannya. Disamping melalui studi literatur, dalam tulisan ini juga dilakukan studi kasus pada dua jenis hunian khusus lansia, yaitu PSTW Budhi Dharma dan Senior Living D?Khayangan serta wawancara dengan tiga orang lansia yang menghuni kedua hunian tersebut. Hasil menunjukkan bahwa kedua jenis hunian tersebut memiliki kelebihan dan kekurangannya masing-masing dalam memenuhi kebutuhan penghuninya. Walaupun begitu, ketiga responden tetap merasakan ketenangan dan kebahagian seperti yang diinginkan selama menghuni hunian tersebut.

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As get older, some changes occur in the elderly that cause to their needs become more specific, also related to their house. Meanwhile, the increasing number of elderly people in Indonesia nowadays affecting the development of specialized housing for elderly, whether it be institutional (panti werdha) that are social services based, as well as specialized housing for elderly that are commercial based. This study discusses how old age affects the needs of elderly and to observes how those needs met in their house. This study is not only based on study of literature, but also case studies on two types of specialized housing for elderly, PSTW Budhi Dharma and Senior Living D?Khayangan, and also interviewed with three elderly people who inhabited those housing. Result showed that each types of those housing have plus and minus points in order to meet the needs of its inhabitants. However, the three respondents still feel serenity and happiness as they desired during inhabited their house.