

Potret kualitas hidup pasien program terapi rumatan metadon (Studi kualitatif di Puskesmas Tanjung Priok tahun 2015) = Portrait of the quality of life patients of methadone maintenance treatment qualitative (Study in community Health Center Tanjung Priok by year 2015)

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Abstrak

Program Terapi Rumatan Metadon (PTRM) merupakan salah satu program untuk mengurangi dampak buruk pada penasun. Penelitian ini bertujuan mengetahui kualitas hidup pasien PTRM di Puskesmas Tanjung Priok. Metode penelitian menggunakan Rapid Assesment Procedure (RAP) dengan 7 informan. Hasil penelitian pada dimensi kesehatan fisik lebih sehat, walau masih ada 1 informan mengalami gangguan tidur, dari segi psikologis untuk informan dengan status bercerai dan tidak bekerja merasakan perasaan negatif.

Untuk dimensi sosial ditemukan adanya gangguan disfungsi ereksi (yang tidak mempunyai mitra seks) dan rendahnya dukungan sosial. Pada dimensi lingkungan, sebagian informan mengatakan lingkungan rumah kurang baik. Masih ditemukan 1 informan menggunakan benzodiazepin, disarankan konseling berkala dan dukungan sosial bagi pasien PTRM.

.....Methadone Maintenance Treatment (MMT) is one of the programs to reduce the bad effect of Injection Drug User (IDU). The aims of this research is to find quality of life of patients Methadone Maintenance Treatment (MMT) patients at Tanjung Priok Public Health Center. This research has used Rapid Assessment Procedure (RAP) method and involved 7 informants. The Results of this research is look more effective base on physical health dimension, even though not perfect due to one of informant experiencing in sleeping disorders and psychological terms the persistence of negative feelings for the informant due to their status of divorced and jobless.

For the social dimension is found for erectile dysfunction (who did not have sexual partners) and low social support. In the environmental dimension, some informants said unfavorable home environment. Still found one informant using benzodiazepines, it is recommended at regular counseling and social support for patients PTRM.