

Hubungan antara pola merokok dengan tekanan darah pada mahasiswa/i Universitas Indonesia = The relationship between smoking patterns and blood pressure in Universitas Indonesia students / Andini Wulandari

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Abstrak

[Jumlah perokok di Indonesia meningkat selama beberapa tahun terakhir dan perokok usia dewasa awal menunjukkan prevalensi yang cukup tinggi. Penelitian ini bertujuan untuk mengetahui hubungan pola merokok yang meliputi lama merokok, jumlah batang rokok yang dihisap per hari, dan jenis rokok yang biasa dihisap dengan tekanan darah pada mahasiswa/i Universitas Indonesia usia dewasa awal. Studi ini menggunakan desain cross sectional dan melibatkan 99 responden melalui quota sampling. Hasil penelitian menunjukkan tidak ada hubungan antara pola merokok dengan tekanan darah sistolik dan tekanan darah diastolik. Hasil penelitian ini merekomendasikan penelitian selanjutnya untuk melakukan penelitian serupa dengan jumlah sampel yang lebih besar;The number of smokers in Indonesia have been increased for the last few years and early adulthood smokers showed a fairly high prevalence. This study aimed to determine the relationship between smoking patterns that include duration of smoking, the number of cigarettes smoked per day, the usual type of cigarette smoked and blood pressure on early adulthood among Universitas Indonesia students. The study used a cross-sectional design and involved 99 respondents through quota sampling. The results showed there is no relationship between smoking patterns and systolic blood pressure and diastolic blood pressure. These findings recommend to re-examine with enlarging the number of samples., The number of smokers in Indonesia have been increased for the last few years and early adulthood smokers showed a fairly high prevalence. This study aimed to determine the relationship between smoking patterns that include duration of smoking, the number of cigarettes smoked per day, the usual type of cigarette smoked and blood pressure on early adulthood among Universitas Indonesia students. The study used a cross-sectional design and involved 99 respondents through quota sampling. The results showed there is no relationship between smoking patterns and systolic blood pressure and diastolic blood pressure. These findings recommend to re-examine with enlarging the number of samples.]