

# Kepatuhan menjalankan terapi kombinasi pada penderita hipertensi usia 30-65 tahun di Puskesmas Bojonggede Kabupaten Bogor Jawa Barat tahun 2015 = Adherence of combination therapy among hypertensive patients aged 30-65 at Bojonggede's Public Health Center Bogor Regency West Java 2015

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## Abstrak

Penelitian ini bertujuan untuk mengetahui faktor yang berhubungan dengan kepatuhan terapi kombinasi pada penderita hipertensi. Penelitian ini menggunakan desain studi cross sectional dan dilakukan selama bulan April 2015 di UPF Puskesmas Bojonggede. Responden dalam penelitian ini berjumlah 105 penderita hipertensi berusia 30 tahun. Pengumpulan data dilakukan dengan wawancara kuesioner, semi quantitative food frequency questionnaire, dan pengukuran antropometri. Penelitian menunjukkan bahwa responden yang patuh menjalankan terapi kombinasi hanya 39%. Selain itu, terdapat hubungan yang bermakna antara usia (OR = 0,301) dan dukungan tenaga kesehatan (OR = 2,769) dengan kepatuhan menjalankan terapi kombinasi.

.....The objective of this study was to identify factors which associated with combination therapy adherence on hypertension. This study used cross sectional design and held at Bojonggede's health care on April 2015. This study conducted by 105 respondents aged 30 years and older with hypertension. Data were collected through interview referring to the questionnaire, semi quantitative questionnaire, and anthropometric measurements. This study showed that only 39% respondents in good combination therapy adherence. There were significant association between age (OR = 0,301) and health provider's motivation (OR = 2,769) with combination therapy adherence.