

## Gambaran pengalaman menyusui ibu multipara melalui uji coba breastfeeding study questionnaire = The description of breastfeeding experience in multiparas mother with breastfeeding study questionnaire trial

Masturoh Widuri Sinta, author

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### Abstrak

[Upaya peningkatan pemberian ASI Eksklusif masih terus dilakukan. Kondisi ini yang mendasari dilakukannya penelitian ini dengan tujuan untuk mengetahui gambaran pengalaman menyusui ibu multipara. Penelitian ini menggunakan disain deskriptif melalui pendekatan cross-sectional. Pengambilan data dilakukan pada 107 responden menggunakan Breastfeeding Study Questionnaire yang sudah diterjemahkan ke dalam Bahasa Indonesia. Hasil uji coba pada uji validitas didapatkan 35 pertanyaan bernilai valid sedangkan uji reliabilitas didapatkan 13 pertanyaan bernilai reliabel. Hasil penelitian pengalaman menyusui menunjukkan bahwa 88,8% ibu multipara memiliki pengalaman menyusui yang baik. Ibu multipara dengan riwayat menyusui sebelumnya memiliki pengalaman menyusui yang baik. Instrumen penelitian ini dapat digunakan sebagai instrumen untuk survei tentang pengalaman menyusui dan memberikan data yang lebih detail, hanya perlu ditambahkan pertanyaan mengenai menyusui eksklusif.

.....Effort increase exclusive breastfeeding are still underway. This condition underlying this study to describe breastfeeding experiences in multiparas mother. This study using descriptive design trough cross-sectional. Data were collected on 107 respondents using breastfeeding study questionnaire that has been translated into Bahasa. The result on validity test shows that 35 questions are valid while reliability test shows that 13 questions are reliable. Result from breastfeeding experiences study shows that 88,8% multiparas mother has good experience. Mother with breastfeeding history has good breastfeeding experience. The instrument in this study can be use for survey study about breastfeeding experience and give more detailed information, additional questions about exclusive breastfeeding are needed;Effort increase exclusive breastfeeding are still underway. This condition underlying this study to describe breastfeeding experiences in multiparas mother. This study using descriptive design trough cross-sectional. Data were collected on 107 respondents using breastfeeding study questionnaire that has been translated into Bahasa. The result on validity test shows that 35 questions are valid while reliability test shows that 13 questions are reliable. Result from breastfeeding experiences study shows that 88,8% multiparas mother has good experience. Mother with breastfeeding history has good breastfeeding experience. The instrument in this study can be use for survey study about breastfeeding experience and give more detailed information, additional questions about exclusive breastfeeding are needed;Effort increase exclusive breastfeeding are still underway. This condition underlying this study to describe breastfeeding experiences in multiparas mother. This study using descriptive design trough cross-sectional. Data were collected on 107 respondents using breastfeeding study questionnaire that has been translated into Bahasa. The result on validity test shows that 35 questions are valid while reliability test shows that 13 questions are reliable. Result from breastfeeding experiences study shows that 88,8% multiparas mother has good experience. Mother with breastfeeding history has good breastfeeding experience. The instrument in this study can be use for survey study about breastfeeding experience and give more detailed information, additional questions about

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