

# Pengaruh pemberian edukasi tentang isyarat bayi prematur terhadap interaksi ibu-bayi prematur di ruang perawatan bayi risiko tinggi = The Effect of education about prematur infants cues on mother infant interaction in neonatology unit

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## Abstrak

[<b>ABSTRAK</b><br>

Kemampuan ibu mengenal isyarat bayi sangat bervariasi dan penting bagi perkembangan bayi prematur. Penelitian ini mengidentifikasi pengaruh pemberian edukasi melalui buku saku pada kelompok kontrol, di sisi lain video berdurasi 10,51 menit dan ?kartu isyarat? sebagai latihan identifikasi isyarat bayi prematur diberikan pada kelompok intervensi. Rancangan menggunakan eksperimen acak terkontrol dengan teknik pretest posttest equivalent group melibatkan 30 ibu dan bayi prematur. Instrumen untuk menilai interaksi ibu-bayi yang digunakan adalah Modified Observation of Communication Interaction. Hasil penelitian menunjukkan adanya pengaruh pemberian edukasi terhadap skor interaksi ibu-bayi yang meningkat bermakna pada kelompok intervensi ( $p=0,005$ ) dan kelompok kontrol ( $p=0,011$ ), serta terdapat perbedaan yang bermakna antara kedua kelompok ( $p=0,015$ ). Peningkatan pemahaman ibu tentang identifikasi isyarat bayi prematur sebaiknya menggunakan video dan latihan.

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<b>ABSTRACT</b><br>

Mother's ability to recognize cues were varies greatly and it is important for infants development. This study was to examine the impact of education method using booklet on controled group, on the other hand 10,51 minutes video and ?cues card? to recognize directly are given on intervention group. This study used a randomized controled trial with pretest posttest equivalent group design. Thirty mothers and premature infants were selected. A Modified Observation of Communication Interaction used to observe mother-infant interaction. The result shown a significant effect of education on mother-infant interaction's score that increase significantly in the intervension group ( $p=0,005$ ) and controled group ( $p=0,011$ ), there were different mean between two group ( $p=0,015$ ). To improve understanding's mother of premature infants cue should use video and training

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