

Penerapan positive parenting program (triple-p) untuk membentuk praktik pengasuhan positif pada orangtua dari remaja dengan perilaku disruptive = An application of positive parenting program triple p for creating positive parenting practices in parents of teenager with disruptive behavioran application of positive parenting program triple p for creating positive parenting practices in parents o

Vincentia Gladys Djunaidy, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20414718&lokasi=lokal>

---

Abstrak

[Praktik pengasuhan negatif adalah salah satu penyebab munculnya perilaku disruptive pada remaja. Positive Parenting Program (Triple P) merupakan salah satu bentuk behavior parent training yang digunakan untuk mencegah maupun menangani masalah perilaku, emosi dan perkembangan pada anak, dengan meningkatkan pengetahuan, keterampilan dan kepercayaan diri orangtua terkait proses pengasuhan. Penelitian ini menggunakan desain penelitian single case design (N=1), yang bertujuan untuk melihat efektivitas penerapan Triple P untuk membentuk praktik pengasuhan positif pada orangtua dari remaja dengan perilaku disruptive. Perubahan kualitas praktik pengasuhan diukur dengan melihat perubahan skor Skala Praktik Pengasuhan, sementara perilaku disruptive remaja diukur menggunakan Child Behavior Checklist (CBCL). Hasil penelitian menunjukkan bahwa Triple P mampu menurunkan masalah perilaku disruptive remaja dengan meningkatkan pengetahuan, keterampilan dan kepercayaan diri orangtua terkait proses pengasuhan; Disruptive behavior in teenager are often caused by negative parenting practices. Positive Parenting Program (Triple P) is one of behavior parent training that can be used for preventing or reducing behavioral , emotional and developmental problems in children, by enhancing parents' knowledge, skills and confidence in parenting practices. This research is a single case design (N=1), that aimed to determine the effectiveness of the application of Triple P to create positive parenting practices in parent of teenager with disruptive behavior. The improvement of parenting practices are measured by Parenting Practices Scale, meanwhile Child Behavior Checklist (CBCL) is used to measure teenager's disruptive behavior. The result shows that Triple P is effective for reducing teenager's disruptive behavior by enhancing parents' knowledge, skills and confidence in parenting practices, Disruptive behavior in teenager are often caused by negative parenting practices. Positive Parenting Program (Triple P) is one of behavior parent training that can be used for preventing or reducing behavioral , emotional and developmental problems in children, by enhancing parents' knowledge, skills and confidence in parenting practices. This research is a single case design (N=1), that aimed to determine the effectiveness of the application of Triple P to create positive parenting practices in parent of teenager with disruptive behavior. The

improvement of parenting practices are measured by Parenting Practices Scale, meanwhile Child Behavior Checklist (CBCL) is used to measure teenager's disruptive behavior. The result shows that Triple P is effective for reducing teenager's disruptive behavior by enhancing parents' knowledge, skills and confidence in parenting practices]