

# Partisipasi ibu dalam perekonomian keluarga terhadap pemberian ASI eksklusif di Indonesia (analisis data SDKI 2012) = Mother's participation in the economy to exclusive breastfeeding in Indonesia (data analysis of IDHS 2012)

Yulia Sari, author

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## Abstrak

### [<b>ABSTRAK</b><br>

Menyusui merupakan langkah primer untuk kesehatan dan pertumbuhan optimal bagi anak. Seribu hari pertama kehidupan, yang dimulai sejak janin di dalam kandungan hingga seorang anak berusia dua tahun merupakan periode terpenting dan perlu mendapatkan perhatian terbesar. Penelitian ini bertujuan untuk mengetahui hubungan partisipasi ibu dalam perekonomian keluarga terhadap pemberian ASI eksklusif. Desain penelitian yang digunakan cross sectional dengan data sekunder SDKI 2012 dengan sampel berjumlah 1358 ibu berusia 15-49 tahun yang memiliki bayi berusia 0-5 bulan. Partisipasi ibu dalam perekonomian keluarga dapat menurunkan peluang pemberian ASI eksklusif dimana ibu yang bekerja sebagai buruh/karyawan sepanjang waktu lebih berisiko 1,54 kali untuk tidak memberikan ASI eksklusif dibandingkan ibu yang tidak bekerja setelah dikontrol oleh variabel kounfonder ( $p=0,038$ ; CI 95%=1,0-2,3). Memberikan informasi mengenai tata laksana pemberian ASI eksklusif bagi ibu bekerja, meningkatkan kerjasama lintas sektoral dengan kementerian terkait untuk peningkatan program pemberian ASI eksklusif sesuai dengan perundang-undangan yang telah dibuat, serta melaksanakan supervisi dan memberikan sanksi/reward terhadap pelaksanaan peraturan mengenai ASI eksklusif.

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### <b>ABSTRACT</b><br>

Breastfeeding is a primary step for optimal health and growth of the child. The first thousand days of life, which began in the fetus in the womb until the child is two years old is the most important period and the need to get the most attention. This study aims to determine the relationship of the mother's participation in the economy of the family to exclusive breastfeeding. The design study is cross sectional with secondary data IDHS 2012 with a sample of 1358 amounted to 15-49 year-old mother who has a 0-5 month old baby. Participation of mothers in the family economy can lower the chance of exclusive breastfeeding that mothers who work as laborers / employees at all times to 1.54 times more risky not to give exclusive breastfeeding than mothers who do not work after being controlled by the variable counfonder ( $p = 0.038$ ; 95% CI = 1.0 to 2.3). Provide information regarding the governance of exclusive breastfeeding for working mothers, improving cross-sectoral cooperation with relevant ministries weeks to increase exclusive breastfeeding programs in accordance with the legislation that has been made, as well as carry out supervision and sanction / reward on the implementation of the regulation on exclusive breastfeeding., Breastfeeding is a primary step for optimal health and growth of the child. The first thousand days of life, which began in the fetus in the womb until the child is two years old is the most important period and the need to get the most attention. This study aims to determine the relationship of the mother's participation in the economy of the family to exclusive breastfeeding. The design study is cross sectional with secondary data IDHS 2012 with a sample of 1358 amounted to 15-49 year-old mother who has a 0-5 month old baby. Participation of mothers

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