

Analisis faktor-faktor yang mempengaruhi status gizi balita di Wilayah Puskesmas Sentolo 1 Kulon Progo Yogyakarta = Nutritional status of children under five years and associated factors in Sentolo 1 Public Health Centre Area Kulon Progo Yogyakarta / Nina Dwi Lestari

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Abstrak

[ABSTRAK

Masalah gizi kurang balita merupakan masalah aktual di wilayah Puskesmas Sentolo 1, Yogyakarta. Tujuan penelitian ini untuk mengetahui faktor-faktor yang mempengaruhi status gizi balita. Penelitian ini menggunakan cross sectional, sampel balita 12-59 bulan sebanyak 155 orang. Data diperoleh melalui kuesioner, status gizi diukur dengan indeks Berat Badan/Umur. Hasil menunjukkan terdapat hubungan bermakna antara usia balita, riwayat pemberian ASI, asupan makanan, persepsi ibu, pola pengasuhan dengan status gizi balita. Faktor dominan yang mempengaruhi status gizi adalah asupan makanan. Diperlukan peran perawat komunitas dalam edukasi, pemberdayaan, dan kerjasama untuk meningkatkan status gizi balita.

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ABSTRACT

Undernutrition in under five years old children is still a problem in Sentolo 1 Public Health Center, Yogyakarta. The purpose of this study was to determine the factors related nutritional status in children under five years. Cross sectional study was conducted to 155 children under five years old. Nutritional status was assessed using anthropometric measurement. There were significantly relationships between child's age, exclusive breastfeeding, child's dietary intake, caregivers' practice and mother's perception and child's nutritional status. Child's dietary intake was the most factor that significantly correlated. These findings indicate that the roles of community nurses are needed to improve children nutritional status by utilizing education, empowerment and partnership; Undernutrition in under five years old children is still a problem in Sentolo 1 Public Health Center, Yogyakarta. The purpose of this study was to determine the factors related nutritional status in children under five years. Cross sectional study was conducted to 155 children under five years old. Nutritional status was assessed using anthropometric measurement. There were significantly relationships between child's age, exclusive breastfeeding, child's dietary intake, caregivers' practice and mother's perception and child's nutritional status. Child's dietary intake was the most factor that significantly correlated. These findings indicate that the roles of community nurses are needed to improve children nutritional status by utilizing education, empowerment and partnership, Undernutrition in under five years old children is still a problem in Sentolo 1 Public Health Center, Yogyakarta. The purpose of this study was to determine the factors related nutritional status in children under five years. Cross sectional study was conducted to 155 children under five years old. Nutritional status was assessed using anthropometric measurement. There were significantly relationships between child's age, exclusive breastfeeding, child's dietary intake, caregivers' practice and mother's perception and child's nutritional status. Child's dietary intake was the most factor that significantly correlated. These findings indicate that the roles of community nurses are needed to improve children nutritional status by utilizing education, empowerment and partnership]