

# Perbandingan antara perawatan metode kanguru dan pemberian empeng terhadap respon nyeri selama pengambilan darah vena pada bayi berat lahir rendah (BBLR) = Comparison between kangaroo mother care and pacifier for pain response during venous blood collection on low birth weight infants / Dyah Dwi Astuti

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## Abstrak

[<b>ABSTRAK</b><br>

Pengambilan darah vena merupakan prosedur yang menimbulkan nyeri pada bayi berat lahir rendah. Penelitian ini bertujuan mengidentifikasi perbandingan antara Perawatan Metode Kanguru dan pemberian empeng terhadap respon nyeri selama pengambilan darah vena. Desain penelitian adalah eksperimen acak terkontrol pada 21 bayi berat lahir rendah dengan teknik consecutive sampling. Penilaian respon nyeri menggunakan instrumen Premature Infant Pain Profile. Analisis uji t independen menunjukkan bahwa terdapat perbedaan bermakna rerata respon nyeri pada kelompok Perawatan Metode Kanguru (rerata = 8,94) dan pemberian empeng (rerata = 5,08) dengan p value = 0,005. Pemberian empeng dapat dijadikan sebagai intervensi keperawatan dalam asuhan atraumatik saat prosedur invasif minor.

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<b>ABSTRACT</b><br>

Venous blood collection is the procedures which cause pain on low birth weight infants. This study aimed to identify the comparison between Kangaroo Mother Care and pacifier for pain response during venous blood collection. The research design was randomized controlled trial on 21 low birth weight infants with consecutive sampling. Pain response was assessed by Premature Infant Pain Profile instrument. Independent t-test analysis showed that there were significant differences in mean pain response between Kangaroo Mother Care group (mean = 8.94) and pacifier group (mean = 5.08) with p value = 0.005. Pacifier can be used as a nursing intervention in atraumatic care with minor painful procedures, Venous blood collection is the procedures which cause pain on low birth weight infants. This study aimed to identify the comparison between Kangaroo Mother Care and pacifier for pain response during venous blood collection. The research design was randomized controlled trial on 21 low birth weight infants with consecutive sampling. Pain response was assessed by Premature Infant Pain Profile instrument. Independent t-test analysis showed that there were significant differences in mean pain response between Kangaroo Mother Care group (mean = 8.94) and pacifier group (mean = 5.08) with p value = 0.005. Pacifier can be used as a nursing intervention in atraumatic care with minor painful procedures]