

# Studi fenomenologi: pengalaman ODHA sebagai tenaga volunteer peer group support ODHA = Phenomenology study experience people living with hiv aids as a volunteer peer group support ODHA / Endah Sri Wahyuni

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## Abstrak

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Data dari Komisi Penanggulangan AIDS dan Dinas Kesehatan Surakarta menunjukkan bahwa pada tahun 2015 jumlah total kasus HIV/AIDS mencapai 1.356 kasus, dimana terjadi kenaikan sebanyak 172 kasus dari tahun 2013. Tujuan penelitian ini adalah untuk mengetahui pengalaman ODHA sebagai tenaga volunteer peer group support ODHA. Desain penelitian menggunakan metode kualitatif fenomenologi. Teknik pengambilan sampel dengan purposive sampling. Penelitian ini menggunakan 13 partisipan pada Kelompok Dukungan Sebaya Solo. Hasil penelitian ini menghasilkan 5 (lima). Tema tersebut adalah penilaian positif terhadap diri, sumber motivasi volunteer, tantangan menjadi volunteer, upaya volunteer dalam meningkatkan kualitas hidup dan harapan sebagai volunteer peer group support ODHA. Kesimpulan : Bekerja sebagai volunteer mempengaruhi kehidupan ODHA. Perasaan dihargai, diterima dan bermanfaat bagi sesama dapat meningkatkan kualitas kehidupan ODHA. Diharapkan adanya pemberdayaan terhadap peer support dalam membantu perawatan ODHA.

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### [**ABSTRACT**]

The National AIDS Commission and Surakarta Health Office show that in 2015 the total of HIV / AIDS cases reached 1356 cases, where there is an increase of 172 cases from 2013. The number of cases of HIV / AIDS has increased every year. The purpose of this study was to determine the experience of people living with HIV as a volunteer peer group support people living with HIV. Research design using qualitative methods phenomenology. The sampling technique using purposive sampling. This study used 13 participants member of PLWHA peer group in Solo. Five themes emerge in this study.. The theme are self positive value, source of motivation volunteer, volunteer challenges, effort to imcrease quality of life and expectations as volunteer peer group support PLWHA. Conclusions: Working as a volunteer affect the lives of people living with HIV. Feeling valued, accepted and useful for others can improve the quality of life of people living with HIV. Expected for the empowerment of the peer support in caring PLWHA., The National AIDS Commission and Surakarta Health Office show that in 2015 the total of HIV / AIDS cases reached 1356 cases, where there is an increase of 172 cases from 2013. The number of cases of HIV / AIDS has increased every

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