

# Pengaruh buku cerita bergambar terhadap kecemasan sebelum operasi pada anak usia sekolah di RSUP Dr. Hasan Sadikin Bandung = Pictured story book impacts on preoperative anxiety among school age children at RSUP Dr. Hasan Sadikin Bandung

Lita Nurlita, author

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## Abstrak

### [<b>ABSTRAK</b><br>

Kecemasan merupakan hal yang sering dilaporkan ketika anak dihadapkan pada proses operasi. Penelitian ini bertujuan mengidentifikasi dampak penggunaan buku cerita bergambar terhadap kecemasan sebelum operasi. Design Penelitian adalah quasi eksperimen: Post test-only non equivalent control group. Sampel penelitian adalah 34 anak usia sekolah yang akan menjalani operasi, dipilih dengan teknik Consecutive sampling. Kelompok intervensi diberikan informasi dengan buku cerita bergambar dan kelompok kontrol mendapatkan informasi rutin rumah sakit. Hasil penelitian menunjukkan anak yang mendapatkan persiapan dengan buku cerita bergambar mengalami kecemasan sebelum operasi lebih rendah ( $p=0,003$ ). Penelitian ini merekomendasikan pemberian informasi dengan buku cerita bergambar sebagai salah satu intervensi persiapan operasi

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### <b>ABSTRACT</b><br>

Anxiety is often reported among preoperative children. This study aimed to identify the impact of story book on preoperative anxiety among school-age children. Research design was quasi experiment: Post test -only non equivalent control group toward 34 which were selected with consecutive sampling technique. Children on intervention group were prepared with pictured story book, while children on control group were prepared with hospital routine information. The result showed that children whose prepared with pictured story book experienced less preoperative anxiety ( $p=0,003$ ). This research recommends pictured story book as one of interventions for preoperative preparation; Anxiety is often reported among preoperative children. This study aimed to identify the impact of story book on preoperative anxiety among school-age children. Research design was quasi experiment: Post test -only non equivalent control group toward 34 which were selected with consecutive sampling technique. Children on intervention group were prepared with pictured story book, while children on control group were prepared with hospital routine information. The result showed that children whose prepared with pictured story book experienced less preoperative anxiety ( $p=0,003$ ). This research recommends pictured story book as one of interventions for preoperative preparation., Anxiety is often reported among preoperative children. This study aimed to identify the impact of story book on preoperative anxiety among school-age children. Research design was quasi experiment: Post test -only non equivalent control group toward 34

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