

# Pengalaman lansia diabetesi dalam mengikuti rumah peduli penderita diabetes mellitus di Kabupaten Bantul Yogyakarta: studi fenomenologi = The experiences of elderly diabetics in rumah peduli diabetes mellitus District Bantul Yogyakarta: study phenomenology / Dinasti Pudang Binoriang

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## Abstrak

[**ABSTRAK**</b><br>

Lansia diabetesi sebagai populasi rentan di komunitas memerlukan dukungan. Salah satu dukungan yang ada di komunitas adalah self help group. Penelitian ini mengidentifikasi pengalaman lansia diabetesi dalam mengikuti kegiatan Rumpi Pendiam. Desain penelitian menggunakan fenomenologi deskriptif, dengan metode wawancara mendalam dan catatan lapangan pada tujuh partisipan. Hasil penelitian dianalisis menggunakan metode Colaizzi. Tema penelitian yang ditemukan adalah merasakan manfaat positif dari program, penilaian terhadap layanan, mendapat dukungan perhatian untuk mengikuti kegiatan dan fasilitasi kebutuhan, harapan agar program berlanjut, dan mengikuti kegiatan menumbuhkan nilai spiritual positif. Penelitian ini merekomendasikan perlunya evaluasi dari program Rumpi Pendiam agar program dapat berlanjut dan teratur.

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**ABSTRACT**</b><br>

Elderly with diabetics are vulnerable population in the community that need support. Self - help group is one of the existing support in the community. This study identifies the experience of elderly with diabetics who followed activities in Rumpi Pendiam. Research design used descriptive phenomenology, with in-depth interviews and field notes to seven participants. The results were analyzed by Colaizzi methode. Research themes found are positive benefit from the program, measurment of the services, the support concern to join the activities and facilitating needs, the expectation of the program to continues, and do the activities fostering positive spiritual values. The study recommends the need of evaluation for the program Rumpi Pendiam that allowing to continues regularly., Elderly with diabetics are vulnerable population in the community that need support. Self - help group is one of the existing support in the community. This study identifies the experience of elderly with diabetics who followed activities in Rumpi Pendiam. Research design used descriptive phenomenology, with in-depth interviews and field notes to seven participants. The results were analyzed by Colaizzi methode. Research themes found are positive benefit from the program, measurment of the services, the support concern to join the activities and facilitating needs, the expectation of the program to continues, and do the activities fostering positive spiritual values. The study recommends the need of evaluation for the program Rumpi Pendiam that allowing to continues regularly.]