

Analisis faktor-faktor yang mempengaruhi survival rate pada pasien yang mendapatkan terapi pada pasien hemodialisis dalam 5 tahun di RSUP DR M Djamil Padang = Analysis the factors that affect of survival rate in hemodialysis patients receiving within 5 years / Jufrika Gusni

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Abstrak

[ABSTRAK

Hemodialisis merupakan terapi modalitas yang digunakan pada pasien gagal ginjal terminal untuk memperpanjang kehidupan. Tolok ukur keberhasilan dalam memperpanjang kehidupan pasien melihat survival rate. Penelitian ini bertujuan untuk mengetahui faktor-faktor yang mempengaruhi Survival rate pada pasien yang mendapatkan terapi hemodialisis dalam 5 tahun. Penelitian ini menggunakan desain analitik korelasi dengan pendekatan retrospektif dan melibatkan 114 orang pasien yang memulai menjalani terapi hemodialisis dari tahun 2010 sampai bulan Juni tahun 2015 saat pengambilan data serta pengumpulan data dilakukan dengan studi dokumentasi melalui laporan harian ruangan hemodialisa. Sebanyak 86,8 % pasien mengalami event. Kepatuhan program hemodialisis dan dosis hemodialisis dapat mempengaruhi survival rate. Pasien yang tidak patuh menjalani program hemodialisis memiliki risiko 4,844 kali mengalami event dan pasien yang tidak sesuai dosis dalam menjalani terapi hemodialisis memiliki risiko 25,188 kali lebih mengalami event. Penelitian ini dapat memberikan dampak positif dalam meningkatkan kualitas pelayanan keperawatan khususnya dalam menekan angka event pada pasien yang menjalani terapi hemodialisis sehingga pasien akan survival dengan terapi hemodialisis dan diharapkan pada peneliti selanjutnya untuk melanjutkan penelitian survival rate pada pasien hemodialisis dengan melihat variabel kepatuhan pembatasan cairan dan nutrisi pada pasien hemodialisis.

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ABSTRACT

Hemodialysis is a modality treatment used in patients with terminal renal failure to prolong their lives. Benchmark of success in prolonging lives of patients is indicated by survival rate. This study aimed to identify the factors that influence survival rate in patients receiving hemodialysis therapy within 5 years. This study used analytical correlation with retrospective approach and involving 114 patients from 2010 to June 2015. Data collection was conducted by study documentation through daily reports of hemodialysis unit. Most of patients 86.8% experienced an event. Compliance in hemodialysis program and hemodialysis dose may affect survival rate. Non-adherent patients undergoing hemodialysis had 4.844 times higher risk of experiencing an event. Patients who did not fit in the dose of hemodialysis therapy has 25.188 times higher risk of experiencing an event. This research may have a positive impact in improving the quality of nursing care services, especially in suppressing the number of events in patients undergoing hemodialysis. It is expected that further research to assess variables such as compliance of fluids restriction and nutrition in hemodialysis patients., Hemodialysis is a modality treatment used in patients with terminal renal failure to prolong their lives. Benchmark of success in prolonging lives of patients is indicated by survival rate. This study aimed to identify the factors that influence survival rate in patients receiving hemodialysis therapy

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