

Pengaruh pemberian paket pendidikan kesehatan tentang kebersihan diri pendidikan kesehatan kebersihan diri terhadap tanda dan gejala IMS pada perempuan di Wilayah Semarang = The health education of personal hygiene package to reduce signs and symptoms of STD in women in the Semarang Region / Apriliani Yulianti Wuriningsih

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Abstrak

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Infeksi menular seksual merupakan salah satu masalah kesehatan perempuan yang berdampak besar terhadap kesehatan reproduksi. Perempuan dituntut untuk menjaga kebersihan diri khususnya kebersihan genitalia sebagai alat reproduksi utama. Penelitian ini bertujuan untuk mengidentifikasi pengaruh pendidikan kesehatan kebersihan diri terhadap tanda dan gejala IMS. Penelitian ini menggunakan disain eksperimen semu. Teknik pengambilan sampel menggunakan konsekutif pada 84 responden yang terbagi dalam kelompok kontrol dan intervensi. Instrumen yang digunakan berupa kuesioner tanda dan gejala IMS. Hasil penelitian menunjukkan pendidikan kesehatan mengurangi tanda dan gejala infeksi menular seksual ( $p = 0,008$ ). Pemberian pendidikan kesehatan direkomendasikan di pelayanan kesehatan untuk meningkatkan kesehatan reproduksi perempuan.

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<b>ABSTRACT</b><br>

Sexual transmitted diseases are one of the women health problems which has a major impact on health reproduction. Women required to maintenance personal hygiene especially for genital area as a main reproduction organ. This study was conduct to explore the effect of personal hygiene health education on the signs and symptoms of STD amongs respondents. The design is a quasi-experimental. Consecutive sampling method was used in 84 respondents and divided into control groups and intervention groups. A questionnaire of signs and symptoms of sexual transmitted diseases was used. The results showed personal hygiene health education reduces the signs and symptoms of sexual transmitted diseases ( $p = 0.008$ ). The health education is recommended to use in the health service to improve women's health reproduction, Sexual transmitted diseases are one of the women health problems which has a major impact on health reproduction. Women required to maintenance personal hygiene especially for genital area as a main reproduction organ. This study was conduct to explore the effect of personal hygiene health education on the signs and symptoms of STD amongs respondents. The design is a quasi-experimental. Consecutive sampling method was used in 84 respondents and divided into

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