

# Pengalaman pasien HIV/AIDS dengan TB dalam mengkonsumsi obat antiretroviral dan anti tuberkulosis = The experience of people living with HIV/AIDS and TB in consuming anti retroviral and anti tuberculosis drugs / Kristina Everentia Ngasu

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## Abstrak

### [<b>ABSTRAK</b><br>

HIV/AIDS merupakan penyakit menular yang menyerang sistem imun. Penelitian ini bertujuan untuk menggali dan memahami berbagai pengalaman pasien HIV/AIDS dengan TB dalam mengkonsumsi obat antiretroviral dan anti tuberkulosis. Metode penelitian kualitatif dengan pendekatan fenomenologi digunakan dalam penelitian ini.. Wawancara mendalam dilakukan kepada enam orang partisipan. Analisis data dengan menggunakan metode Colaizzi. Penelitian ini menghasilkan tujuh tema, yaitu pengalaman minum obat, perubahan fisiologi, perubahan psikologi, perubahan sosiologi, permasalahan ekonomi, pengalaman di pelayanan kesehatan serta spirit dan spiritualitas. Berdasarkan tema yang dihasilkan, disarankan agar perawat dapat memberikan asuhan keperawatan yang komprehensif dan holistik mencakup biopsikosial spiritual pada pasien karena mereka mengalami perubahan-perubahan besar dengan HIV/AIDS.

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HIV / AIDS is an infectious disease that attacks the immune system. This study aims to explore and understand the various experiences of HIV / AIDS with TB patients in consuming antiretroviral and anti-tuberculosis drugs. Qualitative research method with phenomenological approach used in this study. In-depth interviews carried out to six participants. Analysis of the data by using Colaizzi method. This research identify seven themes, namely experience taking medication, changes in physiology, psychology changes, changes in sociology, economic problems, experience in health car and spirit & spiritualit. Based on the theme generated, it is recommended that nurses can provide a comprehensive and holistic biopsychosocial spiritual nursing care cover to patients as they undergo major changes with HIV / AIDS, HIV / AIDS is an infectious disease that attacks the immune system. This study aims to explore and understand the various experiences of HIV / AIDS with TB patients in consuming antiretroviral and anti-tuberculosis drugs. Qualitative research method with phenomenological approach used in this study. In-depth interviews carried out to six participants. Analysis of the data by using Colaizzi method. This research identify seven themes, namely experience taking medication, changes in physiology, psychology changes, changes in sociology, economic problems, experience in health car and spirit & spiritualit. Based on the theme generated, it is recommended that nurses can provide a comprehensive and holistic biopsychosocial spiritual nursing care cover to patients as they undergo major changes with HIV / AIDS]