

# Studi fenomenologi pengalaman kehilangan dan berduka pada ibu yang mengalami kematian bayi di Kecamatan Limo Kota Depok = Study phenomenology the experience lost and grieving mother who has experienced death of baby in sudistrict Limo Depok City

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## Abstrak

### [<b>ABSTRAK</b><br>

Ibu yang mengalami kematian bayi akan melalui proses kehilangan dan berduka. Tujuan penelitian ini untuk memperoleh gambaran tentang pengalaman kehilangan dan berduka pada ibu yang mengalami kematian bayi. Penelitian ini menggunakan metodologi kualitatif dengan desain fenomenologi kepada sepuluh partisipan di kecamatan Limo kota Depok. Hasil penelitian ini menemukan tujuh tema : penyebab kematian bayi, tahapan berduka, respon setelah kehilangan, dukungan sistem sosial, hikmah kehilangan, harapan pasca kehilangan dan strategi koping. Penelitian ini memberikan saran pada pihka-pihak terkait dalam pendampingan maupun pemberian asuhan keperawatan kehilangan dan berduka pada ibu yang mengalami kematian bayi agar ibu dapat bangkit dan melanjutkan hidup kembali.

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### <b>ABSTRACT</b><br>

Mothers who experienced the death of a baby would be going through the process of lost and grieving. The purpose of this research study was to explore the experience of lost and grieving among women who experienced infant deaths. This research used a qualitative research method with phenomenological design to ten participants consisted of mothers in subdistrict Limo Depok city meeting the criteria. The result of this study revealed seven themes: the causes of infant deaths, the phase of grieving, responses after loss, social systems support, the lessons of lost, after loss expectations and coping strategies. It's recommended that the units should be actively involved in facilitating and providing nursing care to the mothers to enable the mothers to cope with the feeling of lost and continues with their happy life., Mothers who experienced the death of a baby would be going through the process of lost and grieving. The purpose of this research study was to explore the experience of lost and grieving among women who experienced infant deaths. This research used a qualitative research method with phenomenological design to ten participants consisted of mothers in subdistrict Limo Depok city meeting the criteria. The result of this study revealed seven themes: the causes of infant deaths, the phase of grieving, responses after loss, social systems support, the lessons of lost, after loss expectations and coping strategies. It's recommended that the units should be actively involved in facilitating and providing nursing care to the mothers to enable the mothers to cope with the feeling of lost and continues with their happy life.]