

Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan dengan intervensi preoperative teaching pada pasien kolelitiasis di Ruang Anggrek Tengah Rumah Sakit Persahabatan Jakarta = Analysis clinical practice of urban community health with intervention preoperative teaching in cholelithiasis patients in Anggrek Tengah Ward Persahabatan Hospital Jakarta / Juliana Br Sembiring

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Abstrak

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Masyarakat di perkotaan sering mengonsumsi makanan cepat saji/fast food yang menurut mereka lebih praktis serta juga menyukai makanan yang cenderung berminyak seperti makanan yang di goreng dan bersantan karena tidak sulit untuk mendapatkannya. Hal ini sudah merupakan menjadi gaya hidup. Makanan tersebut banyak mengandung lemak dan berkolesterol. Makanan yang mengandung lemak kolesterol dapat sebagai pemicu untuk timbulnya kolelitiasis. Penatalaksanaannya saat ini ada yang dengan laparaskopi kolesistektomi. Klien yang akan menjalani tindakan laparaskopi membutuhkan preoperative teaching. Klien yang mendapatkan preoperative teaching dapat menurunkan stress dan meningkatkan kemampuan coping klien terhadap tindakan laparaskopi kolesistektomi.

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ABSTRACT

People in urban area eat fast food frequently which consider as simple choice and love fatty food such as deep fry food and coconut milk contained food because it's easy to get. This is a lifestyle. Those food contain a lot of fat and cholesterol. Fatty food can trigger a cholelithiasis. Treatment to cholelithiasis is cholelithectomy laparoscopy. Client going on laparoscopy need a preoperative teaching. This kind teaching will reduce stress and improve client's coping ability to cholelithectomy laparoscopy., People in urban area eat fast food frequently which consider as simple choice and love fatty food such as deep fry food and coconut milk contained food because it's easy to get. This is a lifestyle. Those food contain a lot of fat and cholesterol. Fatty food can trigger a cholelithiasis. Treatment to cholelithiasis is cholelithectomy laparoscopy. Client going on laparoscopy need a preoperative teaching. This kind teaching will reduce stress and improve client's coping ability to cholelithectomy laparoscopy.]