

Evaluasi psikometrik alat ukur resiliensi akademik = Evaluating the psychometrics properties of new academic resilience scale

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Abstrak

[ABSTRAK
 Penelitian ini bertujuan untuk mengevaluasi reliabilitas dan validitas alat ukur resiliensi akademik yang diadaptasi dari Connor-Davidson Resilience Scale (CD-RISC). Sebanyak 178 mahasiswa psikologi berpartisipasi dalam penelitian ini dengan melengkapi kuisioner online untuk mengukur tingkat resiliensi akademik, kepercayaan diri, optimisme dan resiliensi umum. Validitas dihitung menggunakan Pearson Correlation dan hasilnya menunjukkan bahwa ada korelasi positif antara resiliensi akademik dengan kepercayaan diri, optimism, dan resiliensi umum, mengindikasikan bahwa alat ukur yang baru ini valid. Akan tetapi, penelitian menunjukkan bahwa item dalam alat ukur ini memiliki reliabilitas yang rendah dengan konsistensi internal $\alpha = .55$. Reliabilitas setiap item dievaluasi menggunakan indeks diskriminasi. Jika alat ukur baru ini valid, maka dapat dipergunakan dalam bidang akademik, misalnya untuk membantu konselor akademik mengukur resiliensi akademik siswa. Hasil penelitian, limitasi, dan saran untuk penelitian selanjutnya turut dibahas dalam laporan ini. ABSTRACT
 The purpose of this study was to evaluate the reliability and validity of newly developed academic resilience scale adapted from Connor-Davidson Resilience Scale (CD-RISC). A total of 178 psychology students completed online questionnaire that assessed academic resilience, self-esteem, optimism, and resilience in general (CD-RISC). Pearson correlation was used to calculate validity. Results indicated that the new scale was valid through positive correlation between academic resilience with self-esteem, optimism, and general resilience. New academic scale had poor reliability with internal consistency $\alpha = .55$. Each item's reliability was evaluated using item discrimination index. If valid, the new scale could be utilized in many academic settings such as helping academic counselor. Results, limitation and future strength of the study are discussed., The purpose of this study was to evaluate the reliability and validity of newly developed academic resilience scale adapted from Connor-Davidson Resilience Scale (CD-RISC). A total of 178 psychology students completed online questionnaire that assessed academic resilience, self-esteem, optimism, and resilience in general (CD-RISC). Pearson correlation was used to calculate validity. Results indicated that the new scale was valid through positive correlation between academic resilience with self-esteem, optimism, and general resilience. New academic scale had poor reliability with internal consistency $\alpha = .55$. Each item's reliability was evaluated using item discrimination index. If valid, the new scale could be utilized in many academic settings such as helping academic counselor. Results, limitation and future strength of the study are discussed.]